



Lifestyle Delivery Systems Inc.

CSE : LDS

OTCQB : LDSYF

XETR: LD6

Lifestyle Delivery Systems Inc. Signed a Letter of Intent for Two Additional California Conditional Use Permits

Vancouver, British Columbia, Canada, November 07, 2016, Lifestyle Delivery Systems Inc. (CSE: LDS, OTCQB: LDSYF, XETR: LD6), ("LDS" or the "Company") and its wholly owned subsidiary, Canna Delivery Systems Inc., ("CDS") are pleased to announce the signing of a binding Letter of Intent for the exclusive right to operate a cannabis extraction facility and a cannabis cultivation/nursery under existing Conditional Use Permits "CUP's" in Adelanto, California.

The addition of these permits will allow the Company to expand its supply chain abilities and control quality at the source. The additional CUP for extraction will increase the extraction and distillation capabilities well beyond the requirements of CannaStrips allowing for outside contract extractions and diversification of the Company's product line. The cultivation CUP will allow for the establishment of a nursery for the development of isogenic strains of cannabis to produce from seed (not cloned) plants with CBD, THC and terpenes profiles for the advanced formulations. The nursery will be able to supply dozens of cultivation facilities with LDS's advanced genetics for contract cultivation. In this way the Company can expect a significantly larger harvest while being able to control the quality and the quantity of the plant material for use with its CannaStrips technology. Brad Eckenweiler, CEO of LDS stated, "We believe that the advancement of our technology can be accelerated by the Company controlling those variables on the cultivation side, which in turn allows for greater control of the scientific requirements of manufacturing the best possible product. The isogenic nursery accomplishes that goal." These permitted buildings are in close proximity to the Company's current permitted Joint Venture facility in Adelanto, California.

About Lifestyle Delivery Systems Inc.

LDS' technology produces infused strips (similar to breath strips) that are not only a safer, healthier option to smoking but also a new way to accurately meter the dosage and assure the purity of the product. From start to finish, the production process tests for quality and composition of all the ingredients used in each and every strip, resulting in a delivery system that is safe, consistent and effective.

On behalf of the board of directors of Lifestyle Delivery Systems Inc.

Brad Eckenweiler
CEO & Director

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Cautionary Disclaimer Statement:

The Canadian Securities Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of the content of this news release.

Information set forth in this news release contains forward-looking statements that are based on assumptions as of the date of this news release. These statements reflect management's current estimates, beliefs, intentions and expectations. They are not guarantees of future performance. The Company cautions that all forward looking statements are inherently uncertain and that actual performance may be affected by a number of material factors, many of which are beyond the Company's control. Such factors include, among other things: risks and uncertainties relating to the Company's limited operating history and the need to comply with environmental and governmental regulations. Accordingly, actual and future events, conditions and results may differ materially from the estimates, beliefs, intentions and expectations expressed or implied in the forward looking information. Except as required under applicable securities legislation, The Company undertakes no obligation to publicly update or revise forward-looking information.