Form 45-106F1 Report of Exempt Distribution

IT IS AN OFFENCE TO MAKE A MISREPRESENTATION IN THIS REPORT

ITEM 1 - REPORT TYPE	TEM 1 - REPORT TYPE									
✓ New report										
☐ Amended report If amen	nded, provide filing date	of report that is being am	ended (YYYY-MM-DD)							
TEM 2 - PARTY CERTIFYING THE REPORT										
Indicate the party certifying the report (select only one). For guidance regarding whether an issuer is an investment fund, refer to section 1.1 of National Instrument 81-106 Investment Fund Continuous Disclosure and the companion policy to NI 81-106.										
☐ Investment fund issuer	☐ Investment fund issuer									
✓ Issuer (other than an inves	stment fund)									
☐ Underwriter										
ITEM 3 - ISSUER NAME AND OTH	HER IDENTIFIERS									
Provide the following information about the	e issuer, or if the issuer is an in	vestment fund, about the fund.								
Full legal name	Lifestyle Delivery Syste	ems Inc.								
Previous full legal name										
If the issuer's name changed in	the last 12 months, provide mo	ost recent previous legal name.								
Website	http://lifestyledeliverysy	ystems.com/	(if applicable)							
If the issuer has a legal entity identifier, pro	ovide below. Refer to Part B of t	he Instructions for the definition	of "legal entity identifier".							
Legal entity identifier										
ITEM 4 - UNDERWRITER INFORM	IATION									
If an underwriter is completing the report, p	orovide the underwriter's full le	gal name and firm National Reg	istration Database (NRD) number.							
Full legal name										
Firm NRD number		(if applicable)								
If the underwriter does not have a firm NRI	If the underwriter does not have a firm NRD number, provide the head office contact information of the underwriter.									
Street address	Street address									
Municipality		Province/State								
Country		Postal code/Zip code								
Telephone number		Website	(if applicable)							

Item 5 - Issuer Information									
If the issuer is an investment fund, do not complete Item 5. Proceed to Item 6.									
a) Primary industry									
Provide the issuer's North American Industry Classification Standard (NAICS) code (6 digits only) that corresponds to the issuer's primary business activity. For more information on finding the NAICS industry code go to Statistics Canada's NAICS industry search tool.									
NAICS industry code 4 1 7 9 9 0									
If the issuer is in the mining industry , indicate the stage of operations. This does not apply to issuers that provide services to issuers operating in the mining industry. Select the category that best describes the issuer's stage of operations. □ Exploration □ Development □ Production Is the issuer's primary business is to invest all or substantially all of its assets in any of the following? If yes, select all that apply.									
☐ Mortgages ☐ Real estate ☐ Commerial/business debt ☐ Consumer debt ☐ Private companies									
b) Number of employees									
Number of employees: 🔽 0 - 49 🔲 50 - 99 🔲 100 - 499 🔲 500 or more									
c) SEDAR profile number									
Does the issuer have a SEDAR profile? No Yes If yes, provide SEDAR profile number 0 0 0 3 1 2 0 6 If the issuer does not have SEDAR profile complete item 5(d) - (h).									
d) Head office address									
Street address Province/State									
Municipality Postal code/Zip code									
Country Telephone number									
e) Date of formation and financial year-end									
Date of formation Financial year-end MM DD MM DD									
f) Reporting issuer status									
Is the issuer a reporting issuer in any jurisdication of Canada? No Yes									
If yes, select the jurisdictions of Canada in which the issuer is a reporting issuer.									
☐ AII ☐ AB ☐ BC ☐ MB ☐ NB ☐ NL ☐ NT									
NS NU ON PE QC SK YT									
g) Public listing status									
If the issuer has a CUSIP number, provide below (first 6 digits only)									
CUSIP number									
If the issuer is publicly listed, provide the names of all exchanges on which its securities are listed. Include only the names of exchanges for which the issuer has applied for and received a listing, which excludes, for example, automated trading systems.									
Exchange name(s):									
h) Size of issuer's assets									
Select the size of the issuer's assets for its most recent financial year-end (Canadian \$). If the issuer has not existed for a full financial year, provide the size of the issuer's assets at the distribution end date.									
S0 to under \$5M S5M to under \$25M S25M to under \$100M									
☐ \$100M to under \$500M ☐ \$500M to under \$1B ☐ \$1B or over									

Investment fund manager information	Item 6 - Investment Fund Issuer Information										
Full legal name Firm NRD number If the investment fund monager does not have a firm NRD number, provide the head office contact information of the investment fund monager. Street address Municipality Postal code/Zip code Telephone number Website (if applicable) b) Type of investment fund Type of investment fund that most accurately identifies the issuer (select only one). Money market Equity Fixed income Balanced Alternative strategies Other (describe) Indicate whether one or both of the following apply to the investment fund. Invests primarily in other investment fund issuers Is a UCITs Fund' Vindestaking for the Collective Investment of the investment fund with at all passport basis on authorization from one member state. C) Date of formation and financial year-end of the investment fund Bs the investment fund a reporting issuer is any jurisdication of Canada? No Yes If yes, select the jurisdictions of Canada in which the investment fund is a reporting issue. AB B BC MB NB NB NL NT NS NU ON PE OC SK YT Public listing status of the investment fund If the investment fund has a CUSIP number, provide below (first 6 digits only) CUSIP number Firm NRD number, provide the head office contact information in firm one fund in the contact information and in the contact information in the investment fund If the investment fund has a CUSIP number, provide below (first 6 digits only)	If the issuer is an investment fund, provide the following information.										
Firm NRD number (if applicable) If the investment fund manager does not have a firm NRD number, provide the head office contact information of the investment fund manager. Street address Province/State Postal code/Zip code Telephone number Website (if applicable) Type of investment fund that most accurately identifies the issuer (select only one) . Money market Equity Fixed income Balanced Alternative strategies Other (describe) Invests primarily in other investment fund issuers Is a UCITs Fund¹ Undestaving for the Collective Investment of Transferable Securities funds (UCITs Funds) are investment funds regulated by the European Union (EU) divertives that allow collective investment schemes to operate throughout the EU on a passport basis on authorization from one member state. Date of formation and financial year-end of the investment fund is a reporting issuer in any jurisdication of Conada? No Yes If yes, select the jurisdictions of Canada in which the investment fund is a reporting issuer AB	a) Investment fund manager informaiton										
If the investment fund manager does not have a firm NRD number, provide the head office contact information of the investment fund manager. Street address Municipality Province/State Country Postal code/Zip code Telephone number Website (if applicable) b) Type of investment fund Type of investment fund that most accurately identifies the issuer (select only one). Money market Equity Fixed income Balanced Alternative strategies Other (describe) Indicate whether one or both of the following apply to the investment fund. Invests primarily in other investment fund issuers Is a UCIT's Fund's) are investment funds regulated by the European Union (EU) directives that allow collective investment schemes to operate throughout the EU on a passport basis on authorization from one member state. c) Date of formation and financial year-end of the investment fund Is the investment fund a reporting issuer in any jurisdication of Canada? No Yes If yes, select the jurisdictions of Canada in which the investment fund is a reporting issuer. All AB BC MB NB NL NT NS NU ON PE QC SK YT e) Public listing status of the investment fund If the investment fund has a CUSIP number, provide below (first 6 digits only) CUSIP number One Pe QC SK YT e) Public listing status of the investment fund	Full legal name										
Street address Municipality Province/State Country Postal code/Zip code Website (if applicable) Dype of investment fund Type of investment fund that most accurately identifies the issuer (select only one). Money market Equity Fixed income Balanced Alternative strategies Other (describe) Indicate whether one or both of the following apply to the investment fund. Invests primarily in other investment fund issuers Is a UCITs Fund' Undertaking for the Collective Investment of Transferable Securities funds (UCITs Funds) are investment funds regulated by the European Union (EU) directives that allow collective investment schemes to operate throughout the EU on a passport basis on authorization from one member state. c) Date of formation Typyy MM DD Financial year-end Date of formation and financial year-end of the investment fund Is the investment fund a reporting issuer in any jurisdication of Canada? No Yes If yes, select the jurisdictions of Canada in which the investment fund is a reporting issuer. All AB BC MB NB NB NL NT NS NU ON PE QC SK YT e) Public listing status of the investment fund If the investment fund has a CUSIP number, provide below (first 6 digits only) CUSIP number CUSIP number	Firm NRD number (if applicable)										
Municipality	If the investment fund manager does not have a firm NRD number, provide the head office contact information of the investment fund manager.										
Country	Street address										
Telephone number	Municipality Province/State										
b) Type of investment fund Type of investment fund that most accurately identifies the issuer (select only one). Money market	Country Postal code/Zip code										
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Money market	b) Type of investment fund										
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c) Date of formation and financial year-end of the investment fund Date of formation	_ _										
Date of formation											
d) Reporting issuer status of the investment fund Is the investment fund a reporting issuer in any jurisdication of Canada? No Yes If yes, select the jurisdictions of Canada in which the investment fund is a reporting issuer. All AB BC MB NB NL NT NS NU ON PE QC SK YT e) Public listing status of the investment fund If the investment fund has a CUSIP number, provide below (first 6 digits only) CUSIP number	c) Date of formation and financial year-end of the investment fund										
d) Reporting issuer status of the investment fund Is the investment fund a reporting issuer in any jurisdication of Canada? No Yes If yes, select the jurisdictions of Canada in which the investment fund is a reporting issuer. All AB BC MB NB NL NT NS NU ON PE QC SK YT e) Public listing status of the investment fund If the investment fund has a CUSIP number, provide below (first 6 digits only) CUSIP number											
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NS NU ON PE QC SK YT e) Public listing status of the investment fund If the investment fund has a CUSIP number, provide below (first 6 digits only) CUSIP number	If yes, select the jurisdictions of Canada in which the investment fund is a reporting issuer.										
e) Public listing status of the investment fund If the investment fund has a CUSIP number, provide below (first 6 digits only) CUSIP number	AII AB BC MB NB NL NT										
If the investment fund has a CUSIP number, provide below (first 6 digits only) CUSIP number											
CUSIP number	e) Public listing status of the investment fund										
If the investment fund is publicly listed, provide the names of all exchanges on which its socurities are listed. Include only the names of exchanges for	CUSIP number										
which the issuer has applied for and received a listing, which excludes, for example, automated trading systems.	If the investment fund is publicly listed, provide the names of all exchanges on which its securities are listed. Include only the names of exchanges for which the issuer has applied for and received a listing, which excludes, for example, automated trading systems.										
Exchage names	Exchage names										
f) Net asset value (NAV) of the investment fund	f) Net asset value (NAV) of the investment fund										
Select the NAV range of the investment fund as of the date of the most recent NAV calculation (Canadian \$). \$\int\\$ \text{\$0 to under \$5M} \tag{\$5M to under \$25M} \tag{\$25M to under \$100M}											
\$100M to under \$500M \$500M to under \$1B \$1B or over Date of NAV calculation: YYYY MM DD											

Item 7 - Information About the Distribution If an issuer located outside of Canada completes a distribution in a jurisdiction of Canada, include in Item 7 and Schedule 1 information about purchasers resident in that jurisdiction of Canada only. Do not include in Item 7 securities issued as payment of commissions or finder's fees, which should be disclosed in Item 8. The information provided in Item 7 must reconcile with the information provided in Schedule 1 of the report. Currency Select the currency or currencies in which the distribution was made. All dollar amounts provided in the report must be in Canadian dollars. ✓ Canadian dollar US dollar ☐ Euro Other (describe) Distribution date(s) State the distribution start and end dates. If the report is being filed for securities distributed on only one distribution date, provide the distribution date as both the start and end dates. If the report is being filed for securities distributed on a continuous basis, include the start and end dates for the distribution period covered by the report. Start date End date 2016 09 09 2016 09 09 MM חח MM DD YYYY Detailed purchaser information Complete Schedule 1 of this form for each purchaser and attach the schedule to the completed report. Types of securities distributed Provide the following information for all distributions that take place in a jurisdiction of Canada on a per security basis. Refer to Part A of the Instructions for how to indicate the security code. If providing the CUSIP number, indicate the full 9-digit CUSIP number assigned to the security being distributed. Canadian \$ Single or Security CUSIP number Number of lowest Highest price Total amount Description of security code (if applicable) securities price Units of common stock. Each unit

Details of rights and convertible/exchangeable securities

U|B|S|53224Y104|share purchase warrant

If any rights (e.g. warrants, options) were distributed, provide the exercise price and expiry date for each right. If any convertible/exchangeable securities were distributed, provide the conversion ratio and describe any other terms for each convertible/exchangeable security.

3,972,778.00

0.1800

715,100.00

Security code				derly urity	ring code	(Cana	se price adian \$)	Expiry date (YYYY- MM-DD)	Conversion ratio	Describe other items (if applicable)		
				Lowest	Highest							
U	В	S	С	М	S	0.1800		2017-09-09	1.00			

Summary of the distribution by jurisdiction and exemption

State the total dollar amount of securities distributed and the number of purchasers for each jurisdiction of Canada and foreign jurisdiction where a purchaser resides and for each exemption relied on in Canada for that distribution. However, if an issuer located outside of Canada completes a distribution in a jurisdiction of Canada, include distributions to purchasers resident in that jurisdiction of Canada only.

This table requires a separate line item for: (i) each jurisdiction where a purchaser resides, (ii) each exemption relied on in the jurisdiction where a purchaser resides, if a purchaser resides in a jurisdiction of Canada, and (iii) each exemption relied on in Canada, if a purchaser resides in a foreign jurisdiction.

For jurisdictions within Canada, state the province or territory, otherwise state the country.

consists of one share and one

exercisable at \$0.18 per share expiring on September 9, 2017.

Province or country	Exemption relied on	Number of purchasers	Total amount (Canadian \$)
Alberta	NI 45-106 2.3 [Accredited investor]	4	262,400.00
British Columbia	NI 45-106 2.3 [Accredited investor]	17	276,800.00
British Columbia	NI 45-106 2.5 [Family, friends and business associates]	1	40,000.00
Ontario	NI 45-106 2.3 [Accredited investor]	2	36,000.00
Austria	NI 45-106 2.3 [Accredited investor]	1	18,000.00
Virgin Islands, British	NI 45-106 2.3 [Accredited investor]	1	36,000.00
Switzerland	NI 45-106 2.3 [Accredited investor]	2	27,900.00

Switzerland	NI 45-106 2.5 [Family, friends and business associates]	18,000.00	
	715,100.00		
	Total number of unique purchasers ²	29	

²In calculating the total number of unique purchasers to which the issuer distributed securities, count each purchaser only once, regardless of whether the issuer distributed multiple types of securities to, and relied on multiple exemptions for, that purchaser.

g) Net proceeds to the investment fund by jurisdiction

If the issuer is an investment fund, provide the net proceeds to the investment fund for each jurisdiction of Canada and foreign jurisdiction where a purchaser resides. If an issuer located outside of Canada completes a distribution in a jurisdiction of Canada, include net proceeds for that jurisdiction of Canada only. For jurisdictions within Canada, state the province or territory, otherwise state the country.

Province or country	Net proceeds (Canadian \$)
Total net proceeds to the investment fund	

³"Net proceeds" means the gross proceeds realized in the jurisdiction from the distributions for which the report is being filed, less the gross redemptions that occurred during the distribution period covered by the report.

h) Offering materials - This section applies only in Saskatchewan, Ontario, Québec, New Brunswick and Nova Scotia.

If a distribution has occurred in Saskatchewan, Ontario, Québec, New Brunswick or Nova Scotia, complete the table below by listing the offering materials that are required under the prospectus exemption relied on to be filed with or delivered to the securities regulatory authority or regulator in those jurisdictions.

In Ontario, if the offering materials listed in the table are required to be filed with or delivered to the Ontario Securities Commission (OSC), attach an electronic version of the offering materials that have not been previously filed with or delivered to the OSC.

Description	Date of document or other material (YYYY-MM-DD)	Previously filed with or delivered to regulator? (Y/N)	Date previously filed or delivered (YYYY-MM-DD)			

tem 8 - Compensation Information								
Provide information for each person (as defined in NI 45-106) to whom the issuer directly provides, or will provide, any compensation in connection with the distribution. Complete additional copies of this page if more than one person was, or will be, compensated.								
Indicate whether any compensation was paid, or will be paid, in connection with the distribution.								
✓ No Yes If yes, indicate number of persons compensated.								
a) Name of person compensated and registration status								
Indicate whether the person compensated is a registrant. No Yes								
If the person compensated is an individual, provide the name of the individual.								
Full legal name of individual								
Family name First given name Secondary given names								
If the person compensated is not an individual, provide the following information.	_							
Full legal name of non-individual								
Firm NRD number (if applicable)								
Indicate whether the person compensated facilitated the distribution through a funding portal or an internet-based portal.	es							
b) Business contact information								
If a firm NRD number is not provided in Item 8 (a), provide the business contact information of the person being compensated.								
Street address]							
Municipality Province/State]							
Country Postal code/Zip code	7							
Email address Telephone number	<u>-</u>							
c) Relationship to issuer or investment fund manager								
Indicate the person's relationship with the issuer or investment fund manager (select all that apply). Refer to the meaning of "connected" in Part B(2) of the Instructions and the meaning of "control" in section 1.4 of NI 45-106 for the purposes of completing this section.								
Connect with the issuer or investment fund manager [Insider of the issuer (other than an investment fund)]								
Director or officer of the investment fund or investment fund manager Employee of the issuer or investment fund manager								
None of the above								
d) Compensation details								
Provide details of all compensation paid, or to be paid, to the person identified in Item 8(a) in connection with the distribution. Provide all amounts in Canadian dollars. Include cash commissions, securities-based compensation, gifts, discounts or other compensation. Do not report payments for services incidental to the distribution, such as clerical, printing, legal or accounting services. An issuer is not required to ask for details about, or report on, internal allocation arrangements with the directors, officers or employees of a non-individual compensated by the issuer.								
Cash commissions paid Security codes Security code 1 Security code 2 Security code 3								
Value of all securities distributed as compensation⁴								
Describe terms of warrants, options or other rights	٦							
Other compensation ⁵ Describe	i							
Total compensation paid	_							
Check box if the person will or may receive any deferred compensation (describe the terms below)								
]							
⁴ Provide the aggregate value of all securities distributed as compensation, <u>excluding</u> options, warrants or other rights exercisable to acquire additional securities of the issuer. Indicate the security codes for all securities distributed as compensation, <u>including</u> options, warrants or other rights exercisable to acquire additional securities of the issuer. ⁵ Do not include deferred compensation.								

TEM 9 - DIRECTORS,	EXECUTI	VE OFFICERS A	AND PROMO	TERS OF THE I	SSUER						
If the issuer is an investr	nent fund, d	do not complete It	tem 9. Procced to	o Item 10.							
Indicate whether the issuer is any of the following (select all that apply).											
Reporting issuer in any jurisdiction of Canada											
Foreign public issuer											
Wholly owned subsidiary of a reporting issuer in any jurisdiction of Canada ⁶											
Provide name of reporting issuer											
☐ Wholly owned sub	Wholly owned subsidiary of a foreign public issuer ⁶										
Provide	name of fo	reign public issuer									
☐ Issuer distributing	eligible forei	gn securities only	to permitted clien	ts ⁷							
If the issuer is at least o	ne of the at	ove, do not comp	lete Item 9(a) –	(c). Proceed to Ite	m 10.						
⁶ An issuer is a wholly owne securities that are required ⁷ Checck this box if it applie clients. Refer to the definite	by law to be to the curi	e owned by its dire rent distribution eve	ctors, are benefic en if the issuer m	cially owned by the ade previous distri	reporting issuer butions of other t	or the foreig types of sec	gn publi	ic issue	er, respectively.		
If the issuer is no	ne of the ab	ove, check this bo	x and complete	Item 9(a) - (c).							
a) Directors, executiv	e officers a	and promoters of	the issuer								
Provide the following info							ıda, stai	te the p	rovince or		
Organization or comp	territory; otherwise state the country. For "Relationship to issuer", "D" – Director, "O" – Executive Officer, "P" – Promoter. Business location of non-individual or residentail jurisdiction of individual Family name Family name Family name Family name Family name Secondary given names Secondary given names										
					Province o	r country	D	0	Р		
b) Promoter informati	on										
If the promoter listed above is not an individual, provide the following information for each director and executive officer of the promoter. For locations within Canada, state the province or territory; otherwise state the country. For "Relationship to promoter", "D" – Director, "O" – Executive Officer.											
Organization or comp	Organization or company name First given name Secondary given names Residential jurisdiction of individual Relationship to promoter (select one or both if applicable)										
					Province or country	D		C)		
c) Residential addres	s of each i	ndividual									

Complete Schedule 2 of this form providing the full residential address for each individual listed in Item 9(a) and (b) and attach to the

completed report. Schedule 2 also requires information to be provided about control persons.

ITEM 10 - CERTIFICATION

Provide the following certification and business contact information of an officer or director of the issuer or underwriter. If the issuer or underwriter is not a company, an individual who performs functions similar to that of a director or officer may certify the report. For example, if the issuer is a trust, the report may be certified by the issuer's trustee. If the issuer is an investment fund, a director or officer of the investment fund manager (or, if the investment fund manager is not a company, an individual who performs similar functions) may certify the report if the director or officer has been authorized to do so by the investment fund.

The certification may not be delegated to an agent or other individual preparing the report on behalf of the issuer or underwriter. If the individual completing and filing the report is different from the individual certifying the report, provide their name and contact details in Item 11.

The signature on the report must be in typed form rather than handwritten form. The report may include an electronic signature provided the name of the signatory is also in typed form.

IT IS AN OFFENCE TO MAKE A MISREPRESENTATION IN THIS REPORT

By completing the information below, I certify to the securities regulatory authority or regulator that:

- I have read and understand this report; and
- all of the information provided in this report is true.

Full legal name	Silina	Yanika				
	Family name	First given name		Secondary given names		
Title	CFO					
Name of issuer/underwriter/ investment fund manager	Lifestyle Delivery Systems Inc					
Telephone number	6046480522	Email address	yana@life	estyledeliverys	ystem.com	
Signature	Yanika Silina	Date	2016	09	18	
		-	YYYY	MM	DD	

ITEM 11- CONTACT PERSON Provide the following business contact information for the individual that the securities regulatory authority or regulator may contact with any questions regarding the contents of this report, if different than the individual certifying the report in Item 10. Same as individual certifying the report Full legal name Family name First given name Secondary given names Name of company Telephone number Email address

Notice - Collection and use of personal information

The personal information required under this form is collected on behalf of and used by the securities regulatory authority or regulator under the authority granted in securities legislation for the purposes of the administration and enforcement of the securities legislation.

If you have any questions about the collection and use of this information, contact the securities regulatory authority or regulator in the local jurisdiction(s) where the report is filed, at the address(es) listed at the end of this form.

The attached Schedules 1 and 2 may contain personal information of individuals and details of the distribution(s). The information in Schedules 1 and 2 will not be placed on the public file of any securities regulatory authority or regulator. However, freedom of information legislation may require the securities regulatory authority or regulator to make this information available if requested.

By signing this report, the issuer/underwriter confirms that each individual listed in Schedule 1 or 2 of the report who is resident in a jurisdiction of Canada:

- a) has been notified by the issuer/underwriter of the delivery to the securities regulatory authority or regulator of the information pertaining to the individual as set out in Schedules 1 or 2, that this information is being collected by the securities regulatory authority or regulator under the authority granted in securities legislation, that this information is being collected for the purposes of the administration and enforcement of the securities legislation of the local jurisdiction, and of the title, business address and business telephone number of the public official in the local jurisdiction, as set out in this form, who can answer questions about the security regulatory authority's or regulator's indirect collection of the information, and
- b) has authorized the indirect collection of the information by the securities regulatory authority or regulator.