



510 Burrard St, 3rd Floor
Vancouver BC, V6C 3B9
www.computershare.com

Date: August 29, 2016

To: All Canadian Securities Regulatory Authorities

Subject: Lifestyle Delivery Systems Inc.

Dear Sir/Madam:

We advise of the following with respect to the upcoming Meeting of Security Holders for the subject Issuer:

Meeting Type :	Annual General Meeting
Record Date for Notice of Meeting :	September 23, 2016
Record Date for Voting (if applicable) :	September 23, 2016
Beneficial Ownership Determination Date :	September 23, 2016
Meeting Date :	October 28, 2016
Meeting Location (if available) :	1130 Pender Street West Suite #820 Vancouver, BC V6E 4A4
Issuer sending proxy related materials directly to NOBO:	Yes
Issuer paying for delivery to OBO:	Yes

Notice and Access (NAA) Requirements:

NAA for Beneficial Holders	No
NAA for Registered Holders	No

Voting Security Details:

Description	CUSIP Number	ISIN
COMMON SHARES	53224Y104	CA53224Y1043

Sincerely,

Computershare
Agent for Lifestyle Delivery Systems Inc.