

CSE: LDS

OTCQB: LDSYF

XETR: LD6

Lifestyle Delivery Systems Inc. announces

City of Coachella, California Approves Marijuana Conditional Use Permit

Vancouver, British Columbia, Canada, August 9, 2016, Lifestyle Delivery Systems Inc. (CSE: LDS, OTCQB: LDSYF, and XETR: LD6) is pleased to announce that the City of Coachella, California has approved the cultivation of marijuana and the manufacturing of marijuana products in the City of Coachella.

As previously announced in the Company's June 14, 2016 news release, the Company is working with Cultivation Technologies Inc. to establish a permitted facility in Coachella to manufacture CannaStrips. The City of Coachella has voted to allow a temporary mobile structure on the permitted site that would provide LDS a place to manufacture CannaStrips in the interim period during the construction of a permanent 111,000 square foot permitted CTI building. The temporary facility would allow for production of CannaStrips four to five months sooner, while waiting for the completion of the permanent CTI building. The Company believes that this accelerated timeframe for opening the California market is a significant step in its brand recognition and first to market efforts for LDS. Brad Eckenweiler, the Company's CEO stated "Our goal is to begin our manufacturing and marketing efforts as soon as possible and with the help of the City of Coachella and the CTI Group it appears as though we will be successful in achieving those goals." The Company intends to take an active roll in promoting the benefits of smokeless cannabinoid therapy in cities and states where medicinal and recreational marijuana use is permitted.

About Cultivation Technologies Inc.

Cultivation Technologies believes the future of cannabis resides in establishing brands that consumers love and trust. Through partnership with an award winning branding firm, Cultivation Technologies will announce its first brand in 2016 along with an adjacent product line. Cultivation Technologies brands will be available within its joint venture or partnering markets, as well as through license to select cultivators, processors, and producers who possess requisite local or state authority and build / operate to its standards. www.cultivationtech.com

About Lifestyle Delivery Systems Inc.

The Company's technology produces infused strips (similar to breath strips) that are not only a safer, healthier option to smoking but also a new way to accurately meter the dosage and assure the purity of the product. From start to finish, the production process tests for quality and composition of all the ingredients used in each and every strip, resulting in a delivery system that is safe, consistent and effective.

On behalf of the board of directors of Lifestyle Delivery Systems Inc.

Brad Eckenweiler CEO & Director

FOR MORE INFORMATION, PLEASE CONTACT: investor.relations@lifestyledeliverysystem.com 1-866-347-5058

Cautionary Disclaimer Statement:

The Canadian Securities Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of the content of this news release.

Information set forth in this news release contains forward-looking statements that are based on assumptions as of the date of this news release. These statements reflect management's current estimates, beliefs, intentions and expectations. They are not guarantees of future performance. The Company cautions that all forward looking statements are inherently uncertain and that actual performance may be affected by a number of material factors, many of which are beyond the Company's control. Such factors include, among other things: risks and uncertainties relating to the Company's limited operating history and the need to comply with environmental and governmental regulations. Accordingly, actual and future events, conditions and results may differ materially from the estimates, beliefs, intentions and expectations expressed or implied in the forward looking information. Except as required under applicable securities legislation, The Company undertakes no obligation to publicly update or revise forward-looking information.