

FORM 51-102F3

MATERIAL CHANGE REPORT

Item 1. Name and Address of Company

LIFESTYLE DELIVERY SYSTEMS INC.

Suite 810, 789 West Pender Street
Vancouver, BC V6C 1H2

Item 2. Date of Material Change

April 26, 2016

Item 3. News Release

The news release was issued on April 26, 2016.

Item 4. Summary of Material Change

On April 26, 2016, the Company appointed Dr. John Sanderson, MD as its Chief Science Officer.

Item 5. Full Description of Material Change

On April 26, 2016, the Company appointed Dr. John Sanderson, MD as its Chief Science Officer.

Dr. Sanderson's main objectives will be to work in conjunction with researchers to advance the development of the Company's CannaStrips technology as well as to create protocols necessary for the clinical trials. In addition, Dr. Sanderson will work on composition of the white papers, following the results of the clinical trials, and secure patents for the CannaStrips technology.

Dr. Sanderson is a stem cell researcher who began his career in clinical medicine specializing in diabetes and intravenous nutrition of critically ill patients. His accolades include receiving NIH funding, multiple issued patents and the publication of numerous academic papers as principal investigator. While a medical director and consultant at Johnson & Johnson, Dr. Sanderson was tasked with due diligence oversight for mergers and acquisitions, formulating strategic initiatives and, evaluating new technologies. As a consultant to Fortune 100 health care companies and the U.S. government, Dr. Sanderson was instrumental in devising technological solutions to important public health challenges such as obesity, diabetes, and asthma.

Item 6. Reliance on Subsection 7.1(2) or (3) of National Instrument 51-102

Not applicable.

Item 7. Omitted Information

None.

Item 8. Executive Officer

Yana Silina
Chief Financial Officer
604-648-0522

Item 9. Date of Report

May 11, 2016