



Lifestyle Delivery Systems Inc.

CSE : LDS

OTCQB : LDSYF

Lifestyle Delivery Systems Inc. Appoints Dr. John Sanderson, MD as its Chief Science Officer and Announces Proposed Non-Brokered Private Placement

Vancouver, British Columbia, Canada, April 26, 2016, Lifestyle Delivery Systems Inc. (CSE: LDS and OTCQB: LDSYF) ("LDS" or the "Company") is pleased to announce that on April 26, 2016, the Company appointed Dr. John Sanderson, MD as its Chief Science Officer.

Dr. Sanderson's main objectives will be to work in conjunction with researchers to advance the development of the Company's CannaStrips technology as well as to create protocols necessary for the much anticipated clinical trials. In addition, Dr. Sanderson will work on composition of the white papers, following the results of the clinical trials, and secure patents for the CannaStrips technology.

Dr. Sanderson is a stem cell researcher who began his career in clinical medicine specializing in diabetes and intravenous nutrition of critically ill patients. His accolades include receiving NIH funding, multiple issued patents and the publication of numerous academic papers as principal investigator. While a medical director and consultant at Johnson & Johnson, Dr. Sanderson was tasked with due diligence oversight for mergers and acquisitions, formulating strategic initiatives and, evaluating new technologies. As a consultant to Fortune 100 health care companies and the U.S. government, Dr. Sanderson was instrumental in devising technological solutions to important public health challenges such as obesity, diabetes, and asthma.

The Company's CEO, Brad Eckenweiler, is optimistic that "the addition of Dr. Sanderson is a very significant step towards achievement of our goals. His vast knowledge and expertise will add tremendous benefit and credibility to the medical application of our CannaStrips technology and to our latest research and development efforts."

In addition, the Company announced that it has arranged a non-brokered private placement offering (the "Offering") of up to 1,000,000 units at a price of \$0.10 per unit (the "Unit") to raise gross proceeds of up to \$100,000. Each Unit being offered under the Offering will consist of one common share of the Company and one share purchase warrant entitling the holder to purchase one additional common share, for a period of two years after closing, at an exercise price of \$0.12 per common share ending on the first anniversary of the closing date and, at \$0.20 per common share for a period ending on the second anniversary of the closing date.

All securities issued above will be subject to a hold period of four months and one day from the date of closing. Proceeds from the proposed Offering will be used to fund the Company's general working capital.

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About Lifestyle Delivery Systems Inc.

The Company's technology produces infused strips (the "CannaStrips") (similar to breath strips) that are not only a safer, healthier option to smoking but also a new way to accurately meter the dosage and assure the purity of the product. From start to finish, the production process tests for quality and composition of all the ingredients used in each and every strip, resulting in a delivery system that is safe, consistent and effective.

On behalf of the board of directors of Lifestyle Delivery Systems Inc.

Brad Eckenweiler
CEO & Director

FOR MORE INFORMATION, PLEASE CONTACT:
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Information set forth in this news release contains forward-looking statements that are based on assumptions as of the date of this news release. These statements reflect management's current estimates, beliefs, intentions and expectations. They are not guarantees of future performance. The Company cautions that all forward looking statements are inherently uncertain and that actual performance may be affected by a number of material factors, many of which are beyond the Company's control. Such factors include, among other things: risks and uncertainties relating to the Company's limited operating history and the need to comply with environmental and governmental regulations. Accordingly, actual and future events, conditions and results may differ materially from the estimates, beliefs, intentions and expectations expressed or implied in the forward looking information. Except as required under applicable securities legislation, The Company undertakes no obligation to publicly update or revise forward-looking information.