



Lifestyle Delivery Systems Inc.

CSE : LDS

OTCQB : LDSYF

Canna Delivery Systems Inc.'s Licensee, Healthy Asylum Inc., Receiving First Orders for CannaStrips.

Vancouver, British Columbia, Canada, March 16, 2016, Lifestyle Delivery Systems Inc. (CSE: LDS, OTCQB: LDSYF) through its wholly owned subsidiary, Canna Delivery Systems Inc., (CDS) is pleased to announce that its licensee, Healthy Asylum, Inc., has begun receiving orders as a result of its marketing campaign of CannaStrips to select medical offices and dispensaries.

The infused oral strips, which are similar to breath strips and provide an exact and controlled dosage of CBD, without the health risks associated with smoking or potential chemical inhalation associated with some smokeless inhalers.

Brad Eckenweiler, CEO of LDS stated, "We are excited to see the initial success of our licensee's marketing campaign and the resulting purchase orders. According to Healthy Asylum, they have been receiving very positive results from patients that received the sample CannaStrips. Though we are not surprised with the positive results, it is nice to have the first hand confirmation of our expectations. We are optimistic that these results will translate into greater market share for our licensees."

About Lifestyle Delivery Systems Inc.

LDS' technology produces infused strips (similar to breath strips) that are not only a safer, healthier option to smoking but also a new way to accurately meter the dosage and assure the purity of the product. From start to finish, the production process tests for quality and composition of all the ingredients used in each and every strip, resulting in a delivery system that is safe, consistent and effective.

On behalf of the board of directors of Lifestyle Delivery Systems Inc.

Brad Eckenweiler
CEO & Director

FOR MORE INFORMATION, PLEASE CONTACT:
investor.relations@lifestyledeliverysystem.com
1-866-347-5058

Cautionary Disclaimer Statement:

Lifestyle Delivery Systems Inc.
Suite 810, 789 W. Pender St.
Vancouver BC, V6C 1H2
T: (866) 347-5058 F: (604) 648-0517

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