



Lifestyle Delivery Systems Inc.

CSE : LDS

OTCQB : LDSYF

**Canna Delivery Systems Inc.'s Licensee, Wisdom Homes of America, Inc.
Begins Marketing CannaStrips.**

Vancouver, British Columbia, Canada, March 3, 2016, Lifestyle Delivery Systems Inc. (CSE: LDS, OTCQB: LDSYF) through its wholly owned subsidiary, Canna Delivery Systems Inc., (CDS) is pleased to announce that its licensee, Wisdom Homes of America, Inc. ("WOFA"), has begun its phase one marketing campaign of CannaStrips, through distribution of CannaStrips product samples to select medical offices and dispensaries in northern California.

The samples will allow individual patients to experience cannabis infused oral strips, which are similar to breath strips and provide an exact and controlled dosage of cannabis, without the health risks associated with smoking or potential chemical inhalation associated with some smokeless inhalers.

Brad Eckenweiler, CEO of LDS stated, "We are very excited to see one of our licensees successfully starting their marketing campaign. Apparent enthusiasm WOFA has been receiving from patients testing the CannaStrips is tremendous and signifies that the current marketplace is very receptive of our CannaStrips technology. We believe this will allow us and our licensees significant near and midterm opportunities."

About Lifestyle Delivery Systems Inc.

LDS' technology produces infused strips (similar to breath strips) that are not only a safer, healthier option to smoking but also a new way to accurately meter the dosage and assure the purity of the product. From start to finish, the production process tests for quality and composition of all the ingredients used in each and every strip, resulting in a delivery system that is safe, consistent and effective.

On behalf of the board of directors of Lifestyle Delivery Systems Inc.

Brad Eckenweiler
CEO & Director

FOR MORE INFORMATION, PLEASE CONTACT:
investor.relations@lifestyledeliverysystem.com
1-866-347-5058

Lifestyle Delivery Systems Inc.
Suite 810, 789 W. Pender St.
Vancouver BC, V6C 1H2
T: (866) 347-5058 F: (604) 648-0517

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