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LIFESTYLE DELIVERY SYSTEMS INC.

Suite 1980, 1075 West Georgia Street Vancouver, British Columbia, V6E 3C9

Canna Delivery Systems Inc. Announces Equipment Delivery to Licensee

Vancouver, British Columbia, Canada, September 25, 2015, Canna Delivery Systems Inc.("Canna") a wholly owned subsidiary of Lifestyle Delivery Systems Inc. ("LDS") (CSE:LDS) is pleased to announce it has secured a strip coating equipment, which is used to perform the functions coating a metered amount of infused gelatin type product in a thin layer onto release paper that when dried becomes a film easily separated from the paper. As per the memorandum of understanding signed with Healthy Asylum, Inc. (news release dated June 11, 2015), Canna has licensed the CannaStrips technology on a non-exclusive basis to Healthy Asylum. The strip coating equipment will be leased to Healthy Asylum as a core component of the CannaStrips technology.

Brad Eckenweiler, CEO and Director of Lifestyle, stated: "The Company is excited to have the first licensee moving forward on the production of products using the CannaStrips technology."

Canna's filmstrip technologies produce an oral delivery system that can be used for energy elixirs, herbal remedies and a smokeless alternative option to medical and recreational users of cannabis. Canna's technology produces infused strips (similar to breath strips) that are not only a safer, healthier option to smoking but also a new way to accurately meter the dosage and assure the purity of the product. The Company will license the technology to licensees, who will in turn manufacture CannaStrips where the legal use of marijuana is allowed.

On behalf of the board of directors of Lifestyle Delivery Systems Inc.

<u>"Brad Eckenweiler"</u> Brad Eckenweiler CEO & Director

FOR MORE INFORMATION, PLEASE CONTACT:

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Cautionary Disclaimer Statement:

The Canadian Securities Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of the content of this news release.

This news release contains forward-looking statements relating to the completion of the listing of the Company's shares on the Canadian Securities Exchange and other statements that are not historical facts. Forward-looking statements are often identified by terms such as "will", "intend", "anticipate", and similar expressions. All statements other than statements of historical fact, included in this release are forward-looking statements that involve risks and uncertainties. There can be no assurance that such statements will prove to be accurate and actual results and future events could differ materially from those anticipated in such statements. Important factors that could cause actual results to differ materially from the Company's expectations include the failure to satisfy the conditions of the Canadian Securities Exchange and other risks detailed from time to time in the filings made by the Company with securities regulations.

The reader is cautioned that assumptions used in the preparation of any forward-looking information may prove to be incorrect. Events or circumstances may cause actual results to differ materially from those predicted, as a result of numerous known and unknown risks, uncertainties, and other factors, many of which are beyond the control of the Company. The reader is cautioned not to place undue reliance on any forward-looking information. Such information, although considered reasonable by management at the time of preparation, may prove to be incorrect and actual results may differ materially from those anticipated. Forward-looking statements contained in this news release are expressly qualified by this cautionary statement. The forward-looking statements contained in this news release are made as of the date of this news release and the Company will update or revise publicly any of the included forwardlooking statements as expressly required by applicable law.