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Trading Symbol: TSX.V: TCC

TRENCHANT ANNOUNCES GRANT OF STOCK OPTIONS

March 29, 2019, Vancouver, BC – Trenchant Capital Corp. (TSX.V: TCC) (the "**Company**") announces that it has granted an aggregate of 1,800,000 stock options to certain directors, one of whom is an officer of the Company, and consultants (the "**Optionees**") for the purchase of up to 1,800,000 common shares of the Company pursuant to its Stock Option Plan. Each option is exercisable for a period of 3 years at a price of \$0.25 per common share.

Shares issuable upon the exercise of the stock options held by three directors, one of whom is an officer of the Company, will be subject to a TSX Venture Exchange hold period of four months and one day from the date of grant of the stock options.

All stock options vest annually over 3 years with 1/3 of the stock options vesting each year commencing on the date of grant.

ON BEHALF OF THE BOARD TRENCHANT CAPITAL CORP.

Per: "Eric Boehnke" Eric Boehnke, CEO

For further information, please contact: Trenchant Capital Corp. Eric Boehnke, CEO Phone: (604) 307-4274

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