A. General Instructions

1. Filing instructions

An issuer or underwriter that is required to file a report of exempt distribution and pay the applicable fee must file the report and pay the fee as follows:

- In British Columbia through BCSC eServices at http://www.bcsc.bc.ca.
- In Ontario through the online e-form available at http://www.osc.gov.on.ca.
- In all other jurisdictions through the System for Electronic Document Analysis and Retrieval (SEDAR) in accordance with National Instrument 13-101 *System for Electronic Document Analysis and Retrieval (SEDAR)* if required, or otherwise with the securities regulatory authority or regulator, as applicable, in the applicable jurisdictions at the addresses listed at the end of this form.

The issuer or underwriter must file the report in a jurisdiction of Canada if the distribution occurs in the jurisdiction, and the issuer or underwriter is relying on a specific exemption from the prospectus requirement set out in section 6.1 of the Instrument. The requirement to file this report might also be a condition of a prospectus exemption provided in a national, multilateral or local rule or instrument, or a condition of an exemptive relief order. If a distribution is made in more than one jurisdiction of Canada, the issuer or underwriter may satisfy its obligation to file the report by completing a single report identifying all purchasers, and file the report in each jurisdiction of Canada in which the distribution occurs. Filing fees payable in a particular jurisdiction are not affected by identifying all purchasers in a single report.

In order to determine the applicable fee in a particular jurisdiction of Canada, consult the securities legislation of that jurisdiction.

2. Issuers located outside of Canada

If an issuer located outside of Canada determines that a distribution has taken place in a jurisdiction of Canada, include information about purchasers resident in that jurisdiction only.

3. Multiple distributions

An issuer may use one report for multiple distributions occurring within 10 days of each other, provided the report is filed on or before the 10th day following the first distribution date. However, an investment fund issuer that is relying on the exemptions set out in subsection 6.2(2) of NI 45-106 may file the report annually in accordance with that subsection.

4. References to purchaser

References to a purchaser in this form are to the beneficial owner of the securities.

However, if a trust company, trust corporation, or registered adviser described in paragraph (p) or (q) of the definition of "accredited investor" in section 1.1 of NI 45-106 has purchased the securities on behalf of a fully managed account, provide information about the trust company, trust corporation or registered adviser only; do not include information about the beneficial owner of the fully managed account.

Joint purchasers may be treated as one purchaser for the purposes of Item 7(f) of this form.

5. References to issuer

References to "issuer" in this form include an investment fund issuer and a non-investment fund issuer, unless otherwise specified.

6. Investment fund issuers

If the issuer is an investment fund, complete Items 1-3, 6-8, 10, 11 and Schedule 1 of this form.

7. Mortgage investment entities

If the issuer is a mortgage investment entity, complete all applicable items of this form other than Item 6.

8. Language

The report must be filed in English or in French. In Québec, the issuer or underwriter must comply with linguistic rights and obligations prescribed by Québec law.

9. Currency

All dollar amounts in the report must be in Canadian dollars. If the distribution was made or any compensation was paid in connection with the distribution in a foreign currency, convert the currency to Canadian dollars using the daily exchange rate of the Bank of Canada on the distribution date. If the distribution date occurs on a date when the daily exchange rate of the Bank of Canada is not available, convert the currency to Canadian dollars using the most recent daily exchange rate of the Bank of Canada available before the distribution date. For investment funds in continuous distribution, convert the currency to Canadian dollars using the distribution, convert the currency to Canadian dollars using the average daily exchange rate of the Bank of Canada for the distribution period covered by the report.

If the distribution was not made in Canadian dollars, provide the foreign currency in Item 7(a) of the report.

10. Date of information in report

Unless otherwise indicated in this form, provide the information as of the distribution end date.

11. Date of formation

For the date of formation, provide the date on which the issuer was incorporated, continued or organized (formed). If the issuer resulted from an amalgamation, arrangement, merger or reorganization, provide the date of the most recent amalgamation, arrangement, merger or reorganization.

12. Security codes

Wherever this form requires disclosure of the type of security, use the following security codes:

Security code	Security type
BND	Bonds
CER	Certificates (including pass-through certificates, trust certificates)
CMS	Common shares
CVD	Convertible debentures
CVN	Convertible notes
CVP	Convertible preferred shares
DCT	Digital coins or tokens
DEB	Debentures
DRS	Depository receipts (such as American or Global depository receipts/shares)
FTS	Flow-through shares
FTU	Flow-through units
LPU	Limited partnership units and limited partnership interests (including capital commitments)
MTG	Mortgages (other than syndicated mortgages)
NOT	Notes (include all types of notes except convertible notes)
OPT	Options
PRS	Preferred shares
RTS	Rights
SMG	Syndicated mortgages
SUB	Subscription receipts
UBS	Units of bundled securities (such as a unit consisting of a common share and a warrant)
UNT	Units (exclude units of bundled securities, include trust units and mutual fund units)
WNT	Warrants (including special warrants)
ОТН	Other securities not included above (if selected, provide details of security type in Item 7d)

13. Distributions by more than one issuer of a single security

If two or more issuers distributed a single security, provide the full legal names of the co-issuers in Item 3.

B. Terms used in the form

1. For the purposes of this form:

"designated foreign jurisdiction" means Australia, France, Germany, Hong Kong, Italy, Japan, Mexico, the Netherlands, New Zealand, Singapore, South Africa, Spain, Sweden, Switzerland or the United Kingdom of Great Britain and Northern Ireland;

"eligible foreign security" means a security offered primarily in a foreign jurisdiction as part of a distribution of securities in either of the following circumstances:

- (a) the security is issued by an issuer
 - (i) that is incorporated, formed or created under the laws of a foreign jurisdiction,
 - (ii) that is not a reporting issuer in a jurisdiction of Canada,
 - (iii) that has its head office outside of Canada, and
 - (iv) that has a majority of the executive officers and a majority of the directors ordinarily resident outside of Canada;
- (b) the security is issued or guaranteed by the government of a foreign jurisdiction;

"foreign public issuer" means an issuer where any of the following apply:

- (a) the issuer has a class of securities registered under section 12 of the 1934 Act;
- (b) the issuer is required to file reports under section 15(d) of the 1934 Act;
- (c) the issuer is required to provide disclosure relating to the issuer and the trading in its securities to the public, to security holders of the issuer or to a regulatory authority and that disclosure is publicly available in a designated foreign jurisdiction;

"legal entity identifier" means a unique identification code assigned to the person

- (a) in accordance with the standards set by the Global Legal Entity Identifier System, or
- (b) that complies with the standards established by the Legal Entity Identifier Regulatory Oversight Committee for pre-legal entity identifiers;

"NRD" means National Registration Database;

"permitted client" has the same meaning as in National Instrument 31-103 Registration Requirements, Exemptions and Ongoing Registrant Obligations;

"SEDAR profile" means a filer profile required under section 5.1 of National Instrument 13-101 System for Electronic Document Analysis and Retrieval (SEDAR).

- 2. For the purposes of this form, a person is connected with an issuer or an investment fund manager if either of the following applies:
 - (a) one of them is controlled by the other;
 - (b) each of them is controlled by the same person.

Form 45-106F1 Report of Exempt Distribution

Item 1 – Report Type	ITEM 1 – REPORT TYPE							
× New report								
Amended report If amended, provide filing date of report that is being amended.								
ITEM 2 – PARTY CERTIFYING THE REPORT								
Indicate the party certifying the report (select only one). For guidance regarding whether an issuer is an investment fund, refer to section 1.1 of National Instrument 81-106 Investment Fund Continuous Disclosure and the companion policy to NI 81-106. Investment fund issuer Issuer (other than an investment fund) Underwriter								
Item 3 – Issuer Name a	ND OTHER IDENT	IFIERS						
Provide the following information about	the issuer, or if the issuer i	s an investment fund, about tl	he fund.					
Full legal name	legal name BetterLlfe Pharma Inc.							
Previous full legal name Pivot Pharmaceuticals Inc.								
_	If the issuer's name changed in the last 12 months, provide most recent previous legal name.							
Websitehttps://abetterlifepharma.com/(if applicable)								
If the issuer has a legal entity identifier,		t B of the Instructions for the o	definition of "legal entity identif	ier".				
Legal entity identifier								
If two or more issuers distributed a single	e security, provide the full l	egal name(s) of the co-issuer(s) other than the issuer named o	ibove.				
Full legal name(s) of co-issuer(s)		(if ap	oplicable)					
Item 4 – Underwriter I	NFORMATION							
If an underwriter is completing the repor	t, provide the underwriter's	s full legal name and firm NRI	D number.					
Full legal name	Full legal name							
Firm NRD number (if applicable)								
If the underwriter does not have a firm NRD number, provide the head office contact information of the underwriter.								
Street address								
Municipality		Province/State						
Country		Postal code/Zip code						
Telephone number		Website		(if applicable)				

If the issuer is an investment fund, do not complete Item 5. Proceed to Item 6. a) Primary industry Provide the issuer's North American Industry Classification Standard (NAICS) code (6 digits only) that in your reasonable judgment most closely corresponds to the issuer's primary business activity. NAICS industry code 3 2 5 4 1 0 If the issuer is in the mining industry, indicate the stage of operations. This does not apply to issuers that provide services to issuers operating in the mining industry. Select the category that best describes the issuer's stage of operations. If exploration Development Production Is the issuer's primary business to invest all or substantially all of its assets in any of the following? If yes, select all that apply. Mortgages Real estate Commercial/business debt Consumer debt Private companies
Provide the issuer's North American Industry Classification Standard (NAICS) code (6 digits only) that in your reasonable judgment most closely corresponds to the issuer's primary business activity. NAICS industry code 3 2 5 4 1 0 If the issuer is in the mining industry, indicate the stage of operations. This does not apply to issuers that provide services to issuers operating in the mining industry. Select the category that best describes the issuer's stage of operations. Exploration Development Production Is the issuer's primary business to invest all or substantially all of its assets in any of the following? If yes, select all that apply.
corresponds to the issuer's primary business activity. NAICS industry code 3 2 5 4 1 0 If the issuer is in the mining industry, indicate the stage of operations. This does not apply to issuers that provide services to issuers operating in the mining industry. Select the category that best describes the issuer's stage of operations. If the issuer's primary business to invest all or substantially all of its assets in any of the following? If yes, select all that apply.
If the issuer is in the mining industry , indicate the stage of operations. This does not apply to issuers that provide services to issuers operating in the mining industry. Select the category that best describes the issuer's stage of operations. Exploration Development Production Is the issuer's primary business to invest all or substantially all of its assets in any of the following? If yes, select all that apply.
the mining industry. Select the category that best describes the issuer's stage of operations. Exploration Development Is the issuer's primary business to invest all or substantially all of its assets in any of the following? If yes, select all that apply.
Mortgages Real estate Commercial/business debt Consumer debt Private companies
Cryptoassets
b) Number of employees
Number of employees: X 0 – 49 50 – 99 100 – 499 500 or more
c) SEDAR profile number
Does the issuer have a <u>SEDAR</u> profile?
No x Yes If yes, provide SEDAR profile number 0 0 0 2 9 8 0 1
If the issuer does not have a SEDAR profile complete Item 5(d) – (h).
d) Head office address
Street address 300 - 1275 West 6 th Avenue Province/State BC
Municipality Vancouver Postal code/Zip code V6H 1A6
Country Canada Telephone number 604-805-7783
e) Date of formation and financial year-end
Date of formation20020610Financial year-end0131YYYYMMDDMMDD
f) Reporting issuer status
Is the issuer a reporting issuer in any jurisdiction of Canada? No x Yes
If yes, select the jurisdictions of Canada in which the issuer is a reporting issuer.
AII AB X BC MB NB NL NT
g) Public listing status
If the issuer has a CUSIP number, provide below (first 6 digits only).
CUSIP number 0 8 7 7 2 P
If the issuer is publicly listed, provide the name of the exchange on which the issuer's equity securities primarily trade. Provide only the name of an exchange and not a trading facility such as, for example, an automated trading system. Exchange name CSE
h) Size of issuer's assets
Select the size of the issuer's assets based on its most recently available annual financial statements (Canadian \$). If the issuer has not prepared annual financial statements for its first financial year, provide the size of the issuer's assets at the distribution end date.
\$0 to under \$5M \$5M to under \$25M x \$25M to under \$100M \$100M to under \$500M \$500M to under \$1B \$1B or over

ITEM 6 - INVESTMENT FUND ISSUER INFORMATION

If the issuer is an investment fund, provide the following information.								
a) Investment fund m	nanager information							
Full legal name								
Firm NRD Number	(if applicable)							
If the investment fund manager	does not have a firm NRD number, provide the head office contact information of the investment fund manager.							
Street Address								
Municipality	Province/State							
Country	Postal code/Zip code							
Telephone number	Website (if applicable)							
b) Type of investmer	it fund							
Money market Money market Alternative strateg Indicate whether one or both of Invests primarily in Is a UCITs Fund ¹	Alternative strategies Cryptoasset Other (describe) Indicate whether one or both of the following apply to the investment fund. Invests primarily in other investment fund issuers							
	rate throughout the EU on a passport basis on authorization from one member state. and financial year-end of the investment fund							
Date of formation								
d) Reporting issuer status of the investment fund								
If yes, select the jurisdictions of	ng issuer in any jurisdiction of Canada? No Yes Canada in which the investment fund is a reporting issuer. AB BC MB NB NL NT NU ON PE QC SK YT							
e) Public listing statu	s of the investment fund							
If the investment fund has a CUSIP number, provide below (first 6 digits only). CUSIP number If the investment fund is publicly listed, provide the name of the exchange on which the investment fund's securities primarily trade. Provide only the name of an exchange and not a trading facility such as, for example, an automated trading system. Exchange name								
	IAV) of the investment fund							
	estment fund as of the date of the most recent NAV calculation (Canadian \$).							
\$0 to under \$5M \$100M to under \$500M	\$500M to under \$1B \$1B or over Date of NAV calculation: YYYY MM DD							

ITEM 7 – INFORMATION ABOUT THE DISTRIBUTION

purchasers resident connection with the in Schedule 1 of the	in that jurisdicti distribution, wh report.	la completes a distribution i on of Canada only. Do not i ich must be disclosed in Iter	nclude in Item 7 s	ecurities	issued a	s payment of	^c commissions	or finder's fees in
a) Currenc	y							
Select the currency		which the distribution was n		nounts p • (desci		n the report	must be in Ca	nadian dollars.
b) Distribu	tion date(s)							
	rt and end dates	dates. If the report is being f . If the report is being filed † port.						
	Start date	2021 02 22 YYY MM DD	E	nd date	2021		22 DD	
c) Detaileo	I purchaser inf	ormation						
Complete Sched	ule 1 of this f	orm for each purchasei	and attach th	e sched	lule to t	he comple	ted report.	
	f securities dis							
	-	or all distributions reported o 9 number, indicate the full 9						
security code. If pro	ruling the cosh	number, indicate the fail 5	aigii cosii nami	i ussig	neu to th		Canadian	
Security	CUSIP number			Nur	nber of	Single or	Highest	·
	(if applicable)	Description of s	ecurity		curities	lowest price	price	Total amount
C M S		Common		95	57142	1.40		1339999
e) Details	of rights and c	onvertible/exchangeable	securities					
If any rights (e.g. wo	arrants, options)	were distributed, provide the he conversion ratio and des	e exercise price an					
Convertible / exchangeable security code	Underlying security code	Exercise price (Canadian \$) Lowest Highest	Expiry date (YYYY-MM-DD)		ersion itio	Descrit	be other terms ((if applicable)
f) Summa	ry of the distril	oution by jurisdiction and	l exemption					
purchaser resides an distribution in a jur This table requires o	nd for each exen isdiction of Cana 1 separate line it	urities distributed and the nu nption relied on in Canada f da, include distributions to p em for: (i) each jurisdiction v	or that distribution purchasers resider where a purchaser	n. Howev et in that resides,	ver, if an t jurisdict (ii) each	issuer locate ion of Canac exemption r	d outside of C la only. elied on in the	anada completes a
purchaser resides, ij jurisdiction.	a purchaser res	ides in a jurisdiction of Cano	ida, and (iii) each	exempti	on relied	on ın Canad	a, ו† a purcha	ser resides in a foreign
5	hin Canada, stat	e the province or territory, c	otherwise state the	country	<i>.</i>			
Province or country		Exemption relied on			Numbe	r of unique hasers ^{2a}	Total amou	nt (Canadian \$)
BC	NI 45-106 2	2.5 [Family, friends and b	ousiness associ	ates]		1	1	0000
ON		NI 45-106 2.3 [Accredited investor]			2		0000	
BC	١	NI 45-106 2.3 [Accredited investor]			3	65	5000	
AB	AB NI 45-106 2.3 [Accredited investor] 2		2	11	4999			
							10	
			tal dollar amount		urities d		133	39999
^{2a} In calculating the num	ber of uniaue purcl	l otal number of hasers per row, count each purch	of unique purcha aser only once. Joint		ers mav be	9 counted as on	e purchaser.	
-		purchasers to which the issuer di						her the issuer distributed

multiple types of securit	multiple types of securities to, and relied on multiple exemptions for, that purchaser.								
g) Net proc	ceeds to the investment fund by jurisdie	ction							
purchaser resides. ³ I	vestment fund, provide the net proceeds to th f an issuer located outside of Canada compl jurisdictions within Canada, state the provir	etes a distribution in a jur	isdiction of Canada, i						
	Province or country		proceeds nadian \$)						
³ "Net proceeds" means	³ "Net proceeds" means the gross proceeds realized in the jurisdiction from the distributions for which the report is being filed, less the gross redemptions that occurred during the distribution period covered by the report.								
h) Offering	materials – This section applies only i	n Saskatchewan, Onta	ario, Québec, New	Brunswick and Nova Scotia.					
materials that are re those jurisdictions. In Ontario, if the off	If a distribution has occurred in Saskatchewan, Ontario, Québec, New Brunswick or Nova Scotia, complete the table below by listing the offering materials that are required under the prospectus exemption relied on to be filed with or delivered to the securities regulatory authority or regulator in								
	Description	Date of document or other material (YYYY-MM-DD)	Previously filed with or delivered to regulator? (Y/N)	Date previously filed or delivered (YYYY-MM-DD)					
1.									
2.									
3.									

ITEM 8 – COMPENSATION INFORMATION							
Provide information for each person (as defined in NI 45-106) to whom the issuer directly provides, or will provide, any compensation in connection with the distribution. Complete additional copies of this page if more than one person was, or will be, compensated.							
Indicate whether any compensation was paid, or will be paid, in connection with the distribution.							
No x Yes If yes, indicate number of persons compensated. 1							
a) Name of person compensated and registration status							
Indicate whether the person compensated is a registrant. No x Yes							
If the person compensated is an individual, provide the name of the individual.							
Full legal name of individual Family name First given name Secondary given names							
If the person compensated is not an individual, provide the following information.							
Full legal name of non-individual AlphaNorth Asset Management	1						
Firm NRD number 2 6 3 3 0 (if applicable)							
Indicate whether the person compensated facilitated the distribution through a funding portal or an internet-based portal.							
No Yes							
b) Business contact information							
If a firm NRD number is not provided in Item 8(a), provide the business contact information of the person being compensated.							
Street address							
Municipality Province/State							
Country Postal code/Zip code	7						
Email address steve@alphanorthassset.co Telephone number 5194266481	7						
Email address m Telephone number 5194266481							
c) Relationship to issuer or investment fund manager	c) Relationship to issuer or investment fund manager						
Indicate the person's relationship with the issuer or investment fund manager (select all that apply). Refer to the meaning of "connected" in Part B(2) of the Instructions and the meaning of "control" in section 1.4 of NI 45-106 for the purposes of completing this section. Connected with the issuer or investment fund manager)						
Insider of the issuer (other than an investment fund)							
Director or officer of the investment fund or investment fund manager							
Employee of the issuer or investment fund manager							
x None of the above							
d) Compensation details							
Provide details of all compensation paid, or to be paid, to the person identified in Item 8(a) in connection with the distribution. Provide all							
amounts in Canadian dollars. Include cash commissions, securities-based compensation, gifts, discounts or other compensation. Do not rep payments for services incidental to the distribution, such as clerical, printing, legal or accounting services. An issuer is not required to ask f details about, or report on, internal allocation arrangements with the directors, officers or employees of a non-individual compensated by issuer.	or						
Cash commissions paid							
Value of all securities distributed as 106400 Security codes Security code 1 Security code 2 Security code 3							
compensation ⁴ C M S							
Describe terms of warrants, options or other rights							
Other compensation ⁵ Describe	- 						
Total compensation paid 106400	_						
Check box if the person will or may receive any deferred compensation (describe the terms below)	7						
⁴ Provide the aggregate value of all securities distributed as compensation, <u>excluding</u> options, warrants or other rights exercisable to acquire additional securities of i issuer. Indicate the security codes for all securities distributed as compensation, <u>including</u> options, warrants or other rights exercisable to acquire additional securities the issuer.							
⁵ Do not include deferred compensation.							

If the issuer is an investment fund, do not complete item 9. Proceed to item 10. Indicate whether the issuer is any of the following (select the one that applies – if more than one applies, select only one).	ITEM 9 – DIRECTORS, EXECUTIVE OFFICERS AND PROMOTERS OF THE ISSUER									
Indicate whether the issuer is any of the following (select the one that applies – if more than one applies, select only one). X Reporting issuer in any jurisdiction of Canada Provide name of reporting issuer in any jurisdiction of Canada [®] Provide name of reporting issuer in any jurisdiction of Canada [®] Provide name of reporting issuer in any jurisdiction of Canada [®] Provide name of regin public issuer Wholly owned subsidiary of a reporting issuer any jurisdiction of Canada [®] Provide name of foreign public issuer Wholly owned subsidiary of a reporting issuer any jurisdiction of Canada [®] Provide name of foreign public issuer Wholly owned subsidiary of a ropeding public issuer Wholly owned subsidiary of a ropeding issuer or a lowing public issuer is a vihio and subsidiary of a ropeding issuer or a lowing public issuer is a wholly owned subsidiary of a ropeding issuer or a lowing public issuer is a wholly onned subsidiary of a ropeding issuer or a lowing public issuer is a wholly onned subsidiary of a ropeding issuer or a lowing public issuer is a wholly onned subsidiary of a ropeding issuer made provisus distributions to non-permitted clients. Refer to the definitions of the issuer is a whole a curved definition of the interporting issuer and provisus distributions of other types of securities to non-permitted clients. Refer to the definitions of the lobe of the following information for each director, executive officer and promoter of the issuer. The the issuer is none of the above, check this box and complete Item 9(a) – (c). The otherwise state the country. For "Relationship to issuer", "D" – Director, "D" – Executive Officer, "P" – Provence. The otherwise state the country. For "Relationship to issuer", "D" – Director, "D" – Dire	·									
Reporting issuer in any jurisdiction of Canada Foreign public issuer Wholly owned subsidiary of a reporting issuer in any jurisdiction of Canada ^a Provide name of reporting issuer Wholly owned subsidiary of a foreign public issuer Provide name of foreign public issuer Issuer distributing only eligible foreign securities and the distribution is to permitted clients only? If the issuer is at least one of the above, do not complete item 9(a) - (c). Proceed to item 10. Wholly owned subsidiary of a reporting issuer or a foreign public issuer if all of the issuer's a wholly word subsidiary of a reporting issuer or the foreign public issuer. Wholly the director, are build in the aresult of the reporting issuer or the foreign public issuer. "Check this box iff apples to the current distribution even if the issuer is and other types of securities to non-permitted client's Refer to the definitions of other types of securities to non-permitted client's Refer to the definitions of vigitable foreign security and permitted client 'n are 101 (of the instructors. If the issuer is none of the above, check this box and complete item 9(a) - (c). a) Directors, executive officers and promoters of the issuer. Provide the following information for each director, executive afficer and promoter of the issuer. Relationship to issuer', 'D' - Director, 'D' - Executive Officer, or Promoter. Organization or company name Family name First given name on analow given name on an individual, provide the	<u> </u>	•			an ono	annlias solo	oct only one)			
Foreign public issuer Provide name of reporting issuer in any jurisdiction of Canada ⁶ Provide name of regorting issuer Wholly owned subsidiary of a foreign public issuer Provide name of foreign public issuer Provide name of foreign public issuer Provide name of foreign public issuer It is issuer is a totast one of the above, do not complete item 9(a) – (c). Proceed to item 10. Whole applies the control distribution owned by the reporting issuer or the foreign public issuer, respectively. Creace this tot if applies the control distribution owned by the reporting issuer or the foreign public issuer, respectively. Creace this tot if applies to the control distribution owned by the reporting issuer or the foreign public issuer is a wholy owned subsidiary of a reporting issuer or the foreign public issuer is a money of the above, check this bac and complete item 9(a) – (c). If the issuer is none of the above, check this bac and complete item 9(a) – (c). If the issuer is none of the above, check this bac and complete item 9(a) – (c). If the issuer is none of the above, check this bac and complete item 9(a) – (c). If the issuer is a money of t										
Wholly owned subsidiary of a reporting issuer in any jurisdiction of Canada ^a Provide name of reporting issuer Wholly owned subsidiary of a foreign public issuer Provide name of foreign public issuer Provide name of foreign public issuer Arissuer is at least one of the above, do not complete item 9(a) – (c). Proceed to item 10. Arissuer is at least one of the above, do not complete item 9(a) – (c). Proceed to item 10. Arissuer is at least one of the above, do not complete item 9(a) – (c). Proceed to item 10. Arissuer is a least one of the above, do not complete item 9(a) – (c). Proceed to item 10. Arissuer is a least one of the above, check this box and complete item 9(a) – (c). a) Directors, executive officers and promoters of the issuer a) Directors, executive officers and promoters of the issuer Provide the following information for each director, executive officer and promoter of the issuer. For locations within Canada, state the province or territory, otherwise state the country. For 'Relationship to issuer', 'D' – Director, 'O' – Executive Officer, 'P' – Pramter. Organization or company name Family name First given name Secondary given names to director or country D P Individual or company name Family name First given name Secondary given names to country. For 'Relationship to issuer', 'D' – Director, 'O' – Executive Officer, 'P' – Promoter. D O										
Provide name of reporting issuer										
Provide name of foreign public issuer										
Provide name of foreign public issuer	Wholly owned subsidiary of a foreign public issuer ⁶									
If the issuer is at least one of the above, do not complete Item 9(a) - (c). Proceed to Item 10. An issuer is a wholly owned subsidiary of a reporting issuer or a foreign public issuer, respectively. Check this box if a upplies to the current distributions or other foreign public issuer, respectively. Check this box if a upplies to the current distributions or other if the issuer made previous distributions of other types of securities to non-permitted clients. Refer to the definitions of religible foreign security and "permitted client" in Part B(1) of the Instructions. If the issuer is none of the above, check this box and complete Item 9(a) – (c). a) Directors, executive officers and promoters of the issuer. Provide the following information for each director, executive officer and promoter of the issuer. For locations within Canada, state the province or territory, otherwise state the country. For "Relationship to issuer", "D" – Director, "O" – Executive Officer, "P" – Promoter. Organization or company name Family name First given names Secondary given names Business location of residential issuer apply) Province or country D P P b) Promoter information Item the following information for each director, executive officer of the promoter. For locations within Canada, state the province or territory, otherwise state the country. For "Relationship to promoter", "D" – Director, "O" – Executive Officer of the promoter. For locations within Canada, state the province or territory, otherwise state the country. For "Relationship to promoter", "D" – Director, "O" – Exe		•								
An issuer is a wholy owned subsidiary of a reporting issuer or a foreign public issuer if all of the issuer's outstanding voting securities, other than securities that are required by lad iccords, are beneficially owned by the reporting issuer or the foreign public issuer, espectively. Check this box if applies to the current distributions oven if the issuer made previous distributions of other types of securities to non-permitted clients. Refer to the definitions of eligible foreign security: and 'permitted client' in Part B(1) of the instructions. If the issuer is none of the above, check this box and complete Item 9(a) – (c). a) Directors, executive officers and promoters of the issuer. Provide the following information for each director, executive officer and promoter of the issuer. For locations within Canada, state the province or territory, otherwise state the country. For "Relationship to issuer", "D" – Director, "O" – Executive Officer, "P" – Promoter. Organization or company name Family name First given name Business location of non-individual or residential jurisdiction of individual or residential individual or residential individual or residential individual individual, provide the following information for each director and executive officer of the promoter. For locations within Canada, state the province or territory, otherwise state the country. For "Relationship to promoter,", "D" – Director, "O" – Executive Officer. Organization or company name Family name First given name Residential jurisdic	Issuer distributing only eligible	e foreign securities a	and the distribut	tion is to permi	itted clie	nts only ⁷				
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Image: Secondary given name First given name Secondary given name Residential jurisdiction of individual Relationship to promoter (select one or both if applicable)	Organization or company name	Family name		-	0	ven non-individual or residential jurisdiction of			issuer (select all that	
If the promoter listed above is not an individual, provide the following information for each director and executive officer of the promoter. For locations within Canada, state the province or territory, otherwise state the country. For "Relationship to promoter", "D" – Director, "O" – Executive Officer. Organization or company name Family name First given name Secondary given names Province or D O						Province	or country	D	0	Р
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	Organization or company name	Family name	0	given	condary jurisdiction of jiven individual (select one or both if					
				names			D		0	

c) Residential address of each individual

Complete Schedule 2 of this form providing the full residential address for each individual listed in Item 9(a) and (b) and attach to the completed report. Schedule 2 also requires information to be provided about control persons.

ITEM 10 - CERTIFICATION

Provide the following certification and business contact information of an officer, director or agent of the issuer or underwriter. If the issuer or underwriter is not a company, an individual who performs functions similar to that of a director or officer may certify the report. For example, if the issuer is a trust, the report may be certified by the issuer's trustee. If the issuer is an investment fund, a director or officer of the investment fund manager (or, if the investment fund manager is not a company, an individual who performs similar functions) may certify the report if the director or officer has been authorized to do so by the investment fund.

The certification may be delegated, but only to an agent that has been authorized by an officer or director of the issuer or underwriter to prepare and certify the report on behalf of the issuer or underwriter. If the report is being certified by an agent on behalf of the issuer or underwriter, provide the applicable information for the agent in the boxes below.

If the individual completing and filing the report is different from the individual certifying the report, provide the name and contact details for the individual completing and filing the report in Item 11.

The signature on the report must be in typed form rather than handwritten form. The report may include an electronic signature provided the name of the signatory is also in typed form.

Securities legislation requires an issuer or underwriter that makes a distribution of securities under certain prospectus exemptions to file a completed report of exempt distribution.

By completing the information below, I certify, on behalf of the issuer/underwriter/investment fund manager, to the securities regulatory authority or regulator, as applicable, that I have reviewed this report and to my knowledge, having exercised reasonable diligence, the information provided in this report is true and, to the extent required, complete.

Name of issuer/underwriter/ investment fund manager/agent	BetterLife Pharma Inc.							
Full legal name	Ong Moira							
	Family name	First given name Secondary given r			iven names			
Title	Chief Financial Officer							
Telephone number	604-551-5178	Email address	Moira.ong@blifepharma.c		narma.com			
Signature		Date	2021	03	₁₀₄ 17			
			YYYY	MM	DD			

ITEM 11 – CONTACT PERSON

Provide the following business contact information for the individual that the securities regulatory authority or regulator may contact with any questions regarding the contents of this report, if different than the individual certifying the report in Item 10.

x Same as individual certifying the report

Full legal name				Title	
	Family name	First given name	Secondary given names	_	
Name of company					
Telephone number		En	nail address		

Notice - Collection and use of personal information

The personal information required under this form is collected on behalf of and used by the securities regulatory authority or regulator under the authority granted in securities legislation for the purposes of the administration and enforcement of the securities legislation.

If you have any questions about the collection and use of this information, contact the securities regulatory authority or regulator in the local jurisdiction(s) where the report is filed, at the address(es) listed at the end of this form.

The attached Schedules 1 and 2 may contain personal information of individuals and details of the distribution(s). The information in Schedules 1 and 2 will not be placed on the public file of any securities regulatory authority or regulator. However, freedom of information legislation may require the securities regulatory authority or regulator to make this information available if requested.

By signing this report, the issuer/underwriter confirms that each individual listed in Schedule 1 or 2 of the report who is resident in a jurisdiction of Canada:

- a) has been notified by the issuer/underwriter of the delivery to the securities regulatory authority or regulator of the information pertaining to the individual as set out in Schedule 1 or 2, that this information is being collected by the securities regulatory authority or regulator under the authority granted in securities legislation, that this information is being collected for the purposes of the administration and enforcement of the securities legislation of the local jurisdiction, and of the title, business address and business telephone number of the public official in the local jurisdiction, as set out in this form, who can answer questions about the security regulatory authority's or regulator's indirect collection of the information, and
- b) has authorized the indirect collection of the information by the securities regulatory authority or regulator.

Schedule 1 must be filed in the format of an Excel spreadsheet in a form acceptable to the securities regulatory authority or regulator.

The information in this schedule will not be placed on the public file of any securities regulatory authority or regulator. However, freedom of information legislation may require the securities regulatory authority or regulator to make this information available if requested.

a) General information (provide only once)

- 1. Name of issuer
- 2. Certification date (YYYY-MM-DD)

Provide the following information for each purchaser that participated in the distribution. For each purchaser, create separate entries for each distribution date, security type and exemption relied on for the distribution.

b) Legal name of purchaser

If two or more individuals have purchased a security as joint purchasers, provide information for each purchaser under the columns for family name, first given name and secondary given names, if applicable, and separate the individuals' names with an ampersand. For example, if Jane Jones and Robert Smith are joint purchasers, indicate "Jones & Smith" in the family name column.

- 1. Family name
- 2. First given name
- 3. Secondary given names (*if applicable*)
- 4. Full legal name of non-individual (*if applicable*)

c) Contact information of purchaser

- 1. Residential street address
- 2. Municipality
- 3. Province/State
- 4. Postal code/Zip code
- 5. Country
- 6. Telephone number
- 7. Email address (if available)

d) Details of securities purchased

- 1. Date of distribution (YYYY-MM-DD)
- 2. Number of securities
- 3. Security code
- 4. Amount paid (Canadian \$)

e) Details of exemption relied on

- 1. Rule, section and subsection number
- 2. If relying on section 2.3 [Accredited investor] of NI 45-106, provide the paragraph number in the definition of "accredited investor" in section 1.1 of NI 45-106 that applies to the purchaser. (select only one if the purchaser is a permitted client that is not an individual, "NIPC" can be selected instead of the paragraph number)
- 3. If relying on section 2.5 [Family, friends and business associates] of NI 45-106, provide:
 - a. the paragraph number in subsection 2.5(1) that applies to the purchaser (select only one); and
 - b. if relying on paragraphs 2.5(1)(b) to (i), provide:
 - i. the name of the director, executive officer, control person, or founder of the issuer or affiliate of the issuer claiming a relationship to the purchaser. (*Note: if Item 9(a) has been completed, the name of the director, executive officer or control person must be consistent with the name provided in Item 9 and Schedule 2.*)
 - ii. the position of the director, executive officer, control person, or founder of the issuer or affiliate of the issuer claiming a relationship to the purchaser.
- 4. If relying on subsection 2.9(2) or, in Alberta, New Brunswick, Nova Scotia, Ontario, Québec, or Saskatchewan, subsection 2.9(2.1) [Offering memorandum] of NI 45-106 and the purchaser is an eligible investor, provide the paragraph number in the definition of "eligible investor" in section 1.1 of NI 45-106 that applies to the purchaser. (select only one)

f) Other information

Paragraphs f)1. and f)2. do not apply if any of the following apply:

- (a) the issuer is a foreign public issuer;
- (b) the issuer is a wholly owned subsidiary of a foreign public issuer;
- (c) the issuer is distributing only eligible foreign securities and the distribution is to permitted clients only.
- 1. Is the purchaser a registrant? (Y/N)
- 2. Is the purchaser an insider of the issuer? (Y/N) (not applicable if the issuer is an investment fund)
- 3. Full legal name of person compensated for distribution to purchaser. If a person compensated is a registered firm, provide the firm NRD number only. (*Note: the names must be consistent with the names of the persons compensated as provided in Item 8.*)

INSTRUCTIONS FOR SCHEDULE 1

Any securities issued as payment for commissions or finder's fees must be disclosed in Item 8 of the report, not in Schedule 1.

Details of exemption relied on – When identifying the exemption the issuer relied on for the distribution to each purchaser, refer to the rule, statute or instrument in which the exemption is provided and identify the specific section and, if applicable, subsection or paragraph. For example, if the issuer is relying on an exemption in a National Instrument, refer to the number of the National Instrument, and the subsection or paragraph number of the specific provision. If the issuer is relying on an exemption in a local blanket order, refer to the blanket order by number.

For exemptions that require the purchaser to meet certain characteristics, such as the exemption in section 2.3 [*Accredited investor*], section 2.5 [*Family, friends and business associates*] or subsection 2.9(2) or, in Alberta, New Brunswick, Nova Scotia, Ontario, Québec, or Saskatchewan, subsection 2.9(2.1) [*Offering memorandum*] of NI 45-106, provide the specific paragraph in the definition of those terms that applies to each purchaser.

Reports filed under paragraph 6.1(1)(j) [*TSX Venture Exchange offering*] of NI 45-106 – For reports filed under paragraph 6.1(1)(j) [*TSX Venture Exchange offering*] of NI 45-106, Schedule 1 must list the total number of purchasers by jurisdiction only, and is not required to include the name, residential address, telephone number or email address of the purchasers.

SCHEDULE 2 TO FORM 45-106F1 (CONFIDENTIAL DIRECTOR, EXECUTIVE OFFICER, PROMOTER AND CONTROL PERSON INFORMATION)

Schedule 2 must be filed in the format of an Excel spreadsheet in a form acceptable to the securities regulatory authority or regulator.

Complete the following only if Item 9(a) is required to be completed. This schedule also requires information to be provided about control persons of the issuer at the time of the distribution.

The information in this schedule will not be placed on the public file of any securities regulatory authority or regulator. However, freedom of information legislation may require the securities regulatory authority or regulator to make this information available if requested.

a) General information (provide only once)

- 1. Name of issuer
- 2. Certification date (YYYY-MM-DD)

b) Business contact information of Chief Executive Officer (if not provided in Item 10 or 11 of report)

- 1. Email address
- 2. Telephone number

c) Residential address of directors, executive officers, promoters and control persons of the issuer

Provide the following information for each individual who is a director, executive officer, promoter or control person of the issuer at the time of the distribution. If the promoter or control person is not an individual, provide the following information for each director and executive officer of the promoter and control person. (Note: names of directors, executive officers and promoters must be consistent with the information in Item 9 of the report, if required to be provided.)

- 1. Family name
- 2. First given name
- 3. Secondary given names
- 4. Residential street address
- 5. Municipality
- 6. Province/State
- 7. Postal code/Zip code
- 8. Country
- 9. Indicate whether the individual is a control person, or a director and/or executive officer of a control person (*if applicable*)

d) Non-individual control persons (if applicable)

If the control person is not an individual, provide the following information. For locations within Canada, state the province or territory, otherwise state the country.

- 1. Organization or company name
- 2. Province or country of business location

Questions:

Refer any questions to:

Alberta Securities Commission

Suite 600, 250 – 5th Street SW Calgary, Alberta T2P 0R4 Telephone: 403-297-6454 Toll free in Canada: 1-877-355-0585 Facsimile: 403-297-2082 Public official contact regarding indirect collection of information: FOIP Coordinator

British Columbia Securities Commission

P.O. Box 10142, Pacific Centre 701 West Georgia Street Vancouver, British Columbia V7Y 1L2 Inquiries: 604-899-6854 Toll free in Canada: 1-800-373-6393 Facsimile: 604-899-6581 Email: FOI-privacy@bcsc.bc.ca Public official contact regarding indirect collection of information: FOI Inquiries

The Manitoba Securities Commission

500 – 400 St. Mary Avenue Winnipeg, Manitoba R3C 4K5 Telephone: 204-945-2561 Toll free in Manitoba: 1-800-655-5244 Facsimile: 204-945-0330 Public official contact regarding indirect collection of information: Director

Financial and Consumer Services Commission (New Brunswick)

85 Charlotte Street, Suite 300 Saint John, New Brunswick E2L 2J2 Telephone: 506-658-3060 Toll free in Canada: 1-866-933-2222 Facsimile: 506-658-3059 Email: info@fcnb.ca Public official contact regarding indirect collection of information: Chief Executive Officer and Privacy Officer

Government of Newfoundland and Labrador Financial Services Regulation Division

P.O. Box 8700 Confederation Building 2nd Floor, West Block Prince Philip Drive St. John's, Newfoundland and Labrador A1B 4J6 Attention: Director of Securities Telephone: 709-729-4189 Facsimile: 709-729-6187 Public official contact regarding indirect collection of information: Superintendent of Securities

Government of the Northwest Territories

Office of the Superintendent of Securities P.O. Box 1320 Yellowknife, Northwest Territories X1A 2L9 Telephone: 867-767-9305 Facsimile: 867-873-0243 Public official contact regarding indirect collection of information: Superintendent of Securities

Nova Scotia Securities Commission

Suite 400, 5251 Duke Street Duke Tower P.O. Box 458 Halifax, Nova Scotia B3J 2P8 Telephone: 902-424-7768 Facsimile: 902-424-4625 Public official contact regarding indirect collection of information: Executive Director

Government of Nunavut

Department of Justice Legal Registries Division P.O. Box 1000, Station 570 1st Floor, Brown Building Iqaluit, Nunavut XOA 0H0 Telephone: 867-975-6590 Facsimile: 867-975-6594 Public official contact regarding indirect collection of information: Superintendent of Securities

Ontario Securities Commission

20 Queen Street West, 22nd Floor Toronto, Ontario M5H 3S8 Telephone: 416-593-8314 Toll free in Canada: 1-877-785-1555 Facsimile: 416-593-8122 Email: exemptmarketfilings@osc.gov.on.ca Public official contact regarding indirect collection of information: Inquiries Officer

Prince Edward Island Securities Office

95 Rochford Street, 4th Floor Shaw Building P.O. Box 2000 Charlottetown, Prince Edward Island C1A 7N8 Telephone: 902-368-4569 Facsimile: 902-368-5283 Public official contact regarding indirect collection of information: Superintendent of Securities

Autorité des marchés financiers

800, rue du Square-Victoria, 22e étage C.P. 246, tour de la Bourse Montréal, Québec H4Z 1G3 Telephone: 514-395-0337 or 1-877-525-0337 Facsimile: 514-873-6155 (For filing purposes only) Facsimile: 514-864-6381 (For privacy requests only) Email: financementdessocietes@lautorite.qc.ca (For corporate finance issuers); fonds_dinvestissement@lautorite.qc.ca (For investment fund issuers) Public official contact regarding indirect collection of information: Corporate Secretary

Financial and Consumer Affairs Authority of Saskatchewan

Suite 601 - 1919 Saskatchewan Drive Regina, Saskatchewan S4P 4H2 Telephone: 306-787-5842 Facsimile: 306-787-5899 Public official contact regarding indirect collection of information: Director

Office of the Superintendent of Securities

Government of Yukon Department of Community Services 307 Black Street, 1st Floor P.O. Box 2703, C-6 Whitehorse, Yukon Y1A 2C6 Telephone: 867-667-5466 Facsimile: 867-393-6251 Email: securities@gov.yk.ca Public official contact regarding indirect collection of information: Superintendent of Securities