

**NOTICE DECLARING INTENTION TO BE QUALIFIED UNDER
NATIONAL INSTRUMENT 44-101 – SHORT FORM PROSPECTUS DISTRIBUTIONS
("NI 44-101")**

October 15, 2020

TO: British Columbia Securities Commission, as Principal Regulator
AND TO: Ontario Securities Commission

BetterLife Pharma Inc. (the "Issuer") intends to be qualified to file a short form prospectus under NI 44-101. The Issuer acknowledges that it must satisfy all applicable qualification criteria prior to filing a preliminary short form prospectus. This notice does not evidence the Issuer's intent to file a short form prospectus, to enter into any particular financing or transaction or to become a reporting issuer in any jurisdiction. This notice will remain in effect until withdrawn by the Issuer.

BETTERLIFE PHARMA INC.

By: 

Name: Ahmad Doroudian
Title: Chief Executive Officer