



ME RESOURCE CORP. ISSUES STOCK OPTIONS

March 10, 2014 - VANCOUVER, BRITISH COLUMBIA – ME Resource Corp. (the "**Company**" or "**MEC**") (CNSX: MEC | OTC: MEEFX) is pleased to announce that it has issued stock options to certain service providers and consultants.

The Company's Stock Option Plan was unanimously approved by the shareholders of the MEC at its previous Annual General Meeting. In total, 650,000 options for the purchase of common shares of MEC will be granted at a price of \$0.285 and have a term of four months.

For more information on the Company's Stock Option Plan please visit www.SEDAR.com

About ME Resources Corp.:

ME Resource Corp. is a Canadian exploration company focused on the acquisition, exploration and development of resource properties. The Company's objective is to explore and develop its current assets and pursue additional acquisitions. The Corporation intends to acquire a portfolio of properties through project acquisitions, joint ventures and alliances. MEC is developing propriety micro-refinery technology that will process raw natural gas into Engineered Fuel™ and Clean Power.

No stock exchange or any securities regulatory body has reviewed the contents of this news release. Certain statements contained in this release may constitute "forward-looking statements" or "forward-looking information" (collectively "forward-looking information") as those terms are used in the Private Securities Litigation Reform Act of 1995 and similar Canadian laws. These statements relate to future events or future performance. The use of any of the words "could", "intend", "expect", "believe", "will", "projected", "estimated", "anticipates" and similar expressions and statements relating to matters that are not historical facts are intended to identify forward-looking information and are based on the Company's current belief or assumptions as to the outcome and timing of such future events. Actual future results may differ materially. In particular, this release may contain forward-looking information, whether as a result of new information, future events or otherwise, except as required by applicable securities laws. Because of the risks, uncertainties and assumptions contained herein, investors should not place undue reliance on forward-looking information. The foregoing statements expressly qualify any forward-looking information contained herein.

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