Form 45-106F1 Report of Exempt Distribution

ITEM 1 - REPORT TYPE					
✓ New report ☐ Amended report If amended, provide filing date of report that is being amended. (YYYY-MM-DD)					
ITEM 2 - PARTY CERTIFYING THE REPORT					
Indicate the party certifying the report (select only one). For guidance regarding whether an issuer is an investment fund, refer to section 1.1 of National Instrument 81-106 Investment Fund Continuous Disclosure and the companion policy to NI 81-106 (in Québec, Regulation 81-106 respecting Investment Fund Continuous Disclosure and Policy Statement to Regulation 81-106 respecting Investment Fund Continuous Disclosure).					
☐ Investment fund issuer					
☑ Issuer (other than an investment fund)					
☐ Underwriter					
ITEM 2. ICCUED MANAE AND OTHER IDENTIFIEDS					
ITEM 3 - ISSUER NAME AND OTHER IDENTIFIERS					
Provide the following information about the issuer, or if the issuer is an investment fund, about the fund.					
Full legal name The Good Flour Corp. / The Good Flour Corp.					
Previous full legal name LOOPSHARE LTD.					
If the issuer's name changed in the last 12 months, provide most recent previous legal name.					
Website www.goodflour.co (if applicable)					
If the issuer has a legal entity identifier, provide below. Refer to Part B of the Instructions for the definition of "legal entity identifier".					
Legal entity identifier 894500DQJSV6NTVBLE90					
If two or more issuers distributed a single security, provide the full legal name(s) of the co-issuer(s) other than the issuer named above.					
Full legal name(s) of co-issuer(s) (if applicable)					
ITEM 4 - UNDERWRITER INFORMATION					
If an underwriter is completing the report, provide the underwriter's full legal name, firm NRD number, and SEDAR+ profile number.					
Full legal name					
Firm NRD number (if applicable)					
SEDAR+ profile number					

ITEM 5 - ISSUER INFORMATION							
If the issuer is an investment fund, do not complete Item 5. Proceed to Item 6.							
a) Primary industry							
Provide the issuer's North American Industry Classification Standard (NAICS) code (6 digits only) that in your reasonable judgment most closely corresponds to the issuer's primary business activity.							
NAICS industry code 000000							
If the issuer is in the mining industry , indicate the stage of operations. This does not apply to issuers that provide services to issuers operating in the mining industry. Select the category that best describes the issuer's stage of operations.							
☐ Exploration ☐ Development ☐ Production							
Is the issuer's primary business to invest all or substantially all of its assets in any of the following? If yes, select all that apply.							
☐ Mortgages ☐ Real estate ☐ Commercial/business debt ☐ Consumer debt ☐ Private companies							
☐ Cryptoassets							
b) Number of employees							
Number of employees: ☑ 0 - 49 ☐ 50 - 99 ☐ 100 - 499 ☐ 500 or more							
c) SEDAR+ profile number							
Provide the issuer's SEDAR+ profile number							
000029438							
ITEM 6 - INVESTMENT FUND ISSUER INFORMATION							
If the issuer is an investment fund, provide the following information.							
a) Investment fund manager information							
Full legal name							
Firm NRD number (if applicable)							
SEDAR+ profile number							
b) Type of investment fund							
Type of investment fund that most accurately identifies the issuer (select only one).							
☐ Money market ☐ Equity ☐ Fixed income ☐ Balanced							
☐ Alternative strategies ☐ Cryptoasset ☐ Other (describe)							

Indicate whether one or both of the following apply to the investment fund.									
☐ Invest primarily in other investment fund issuers									
☐ Is a UCITs Fund ¹									
	e Investment of Transferable Se						nion (El	IJ) directives	
that allow collective investmen	t schemes to operate througho	ut the EU on a pa	ssport basis on authoriza	ition from one men	nber state.				
c) Net asset value (NAV) of the investment fund									
Select the NAV range of th	ne investment fund as of th	he date of the l	most recent NAV calc	ulation (Canadia	ın \$).				
☐ Under \$5M	☐ \$5M to	under \$25M	\$25M to unde	er \$100M	Date of	NAV	calcula	ation:	
☐ \$100M to under \$50	00M	to under \$1B	☐ \$1B or over		1000	,	N 4 N 4		
					YYYY		ММ	DD	
ITEM 7 - INFORMA	TION ABOUT THE	DISTRIBU	JTION						
If an issuer located outsic	le of Canada completes a	distribution in	a jurisdiction of Can	ada, include in l	tem 7 an	nd Sche	edule 1	1	
information about purch	asers resident in that juris	diction of Can	ada only. Do not inclu	ude in Item 7 sec	curities is	sued (as pay	ment of	
	ees, in connection with the h the information provide			sed in Item 8. Th	e inform	ation	provid	led in	
a) Currency	The trie my or made or provide		. oj ure reporti						
a) currency									
Select the currency or cur dollars.	rencies in which the distri	bution was mo	ade. All dollar amoun	ts provided in th	e report	must	be in (Canadian	
✓ Canadian dollar	US dollar Eu	ro Other (describe)						
						•			
b) Distribution o	lates								
	t and end dates. If the rep oth the start and end date								
	dates for the distribution	•		מוזוופי מוזנוזטעפנ	i on a co	mumu	วนร มน	313,	
Start date	2023 12 1	1	End date	2023	12	18			
Start date		D D	Life date	YYYY		DD			
c) Detailed purc	haser information								
c) Detailed pare	nasci informacion								
Complete Schedule 1 of	this form for each purc	haser and att	ach the schedule to	the completed	report.				
d) Types of secu	rities distributed								
Dravida tha fallowing info	ermation for all distribution	ns rapartad a	a nor cocurity basis	Defer to Dart 1/	12) of the	a Instr	uction	s for how	
	rmation for all distribution de. If providing the CUSIP								
distributed.	,, ,								
					Canadi	an \$			
Security CUSIP			Number of	Single or	High	est			
code number (if	Description of se	curity	securities	lowest price	pric		Total	amount	

1,398,000.0000

0.2500

349,500.0000

applicable) 382099109

 CMS

Class "A" Common Shares

e) Details of rights and convertible/exchangeable securities

If any rights (e.g. warrants, options) were distributed, provide the exercise price and expiry date for each right. If any convertible/exchangeable securities were distributed, provide the conversion ratio and describe any other terms for each convertible/exchangeable security.

Convertible / exchangeable security code	Underlying security code	Exercise price (Canadian \$)		Expiry date (YYYY-MM-	Conversion ratio	Describe other terms (if applicable)	
		Lowest	Highest	DD)		аррпсавіе)	

f) Summary of the distribution by jurisdiction and exemption

State the total dollar amount of securities distributed and the number of purchasers for each jurisdiction of Canada and foreign jurisdiction where a purchaser resides and for each exemption relied on in Canada for that distribution. However, if an issuer located outside of Canada completes a distribution in a jurisdiction of Canada, include distributions to purchasers resident in that jurisdiction of Canada only.

This table requires a separate line item for: (i) each jurisdiction where a purchaser resides, (ii) each exemption relied on in the jurisdiction where a purchaser resides, if a purchaser resides in a jurisdiction of Canada, and (iii) each exemption relied on in Canada, if a purchaser resides in a foreign jurisdiction.

For jurisdictions within Canada, state the province or territory, otherwise state the country.

Province or country	Exemption relied on	Number of unique purchasers ^{2a}	Total amount (Canadian \$)
British Columbia	NI 45-106 2.3 [Accredited investor]	13	252,500.0000
Alberta	NI 45-106 2.3 [Accredited investor]	2	75,000.0000
	Distributions to purchasers outside of local jurisdiction (BC, AB, NB)	1	22,000.0000
	\$349,500.0000		

^{2a} In calculating the number of unique purchasers per row, count each purchaser only once. Joint purchasers may be counted as one purchaser.

g) Net proceeds to the investment fund by jurisdiction

If the issuer is an investment fund, provide the net proceeds to the investment fund for each jurisdiction of Canada and foreign jurisdiction where a purchaser resides. If an issuer located outside of Canada completes a distribution in a jurisdiction of Canada, include net proceeds for that jurisdiction of Canada only. For jurisdictions within Canada, state the province or territory, otherwise state the country.

Province or country	Net proceeds (Canadian \$)
Total net proceeds to the investment fund	

³"Net proceeds" means the gross proceeds realized in the jurisdiction from the distributions for which the report is being filed, less the gross redemptions that occurred during the distribution period covered by the report.

^{2b}In calculating the total number of unique purchasers to which the issuer distributed securities, count each purchaser only once, regardless of whether the issuer distributed multiple types of securities to, and relied on multiple exemptions for, that purchaser.

ITEM 8 - COMPENSATION INFORMATION Provide information for each person (as defined in NI 45-106) (in Québec, Regulation 45-106 respecting Prospectus Exemptions) to whom the issuer directly provides, or will provide, any compensation in connection with the distribution. Complete additional copies of this page if more than one person was, or will be, compensated. Indicate whether any compensation was paid, or will be paid, in connection with the distribution. ☐ No **V** Yes If yes, indicate number of persons compensated. 1 a) Name of person compensated and registration status Indicate whether the person compensated is a registrant. □ No **✓** Yes If the person compensated is an individual, provide the name of the individual. Full legal name of individual Family name First given name Secondary given names If the person compensated is not an individual, provide the following information. RESEARCH CAPITAL CORPORATION / CORPORATION RECHERCHE Full legal name of non-individual **CAPITAL** Firm NRD number | 3070 (if applicable) Indicate whether the person compensated facilitated the distribution through a funding portal or an internet-based portal **V** No Yes b) Business contact information If a firm NRD number is not provided in Item 8(a), provide the business contact information of the person being compensated. Street address | 199 Bay Street, Suite 4500 Municipality | Toronto Province/State Ontario Postal code/Zip code M5L1G2 Country Canada Email address Telephone number c) Relationship to issuer or investment fund manager Indicate the person's relationship with the issuer or investment fund manager (select all that apply). Refer to the meaning of 'connected' in Part B(2) of the Instructions and the meaning of 'control' in section 1.4 of NI 45-106 (in Québec, Regulation 45-106 respecting Prospectus Exemptions) for the purposes of completing this section. ☐ Connected with the issuer or investment fund manager Insider of the issuer (other than an investment fund) $\hfill \square$ Director or officer of the investment fund or investment fund manager ☐ Employee of the issuer or investment fund manager ✓ None of the above

d) Compensation details				
Provide details of all compensation paid, or to be paid, to Provide all amounts in Canadian dollars. Include cash concompensation. Do not report payments for services incider services. An issuer is not required to ask for details about, or employees of a non-individual compensated by the issu	nmissions, securitie ntal to the distribut or report on, interr	s-based compensat ion, such as clerica	tion, gifts, discount l, printing, legal or	s or other accounting
Cash commissions paid	13650.0000			
Value of all securities distributed as compensation ⁴				
Security codes	Security code 1	Security code 2	Security code 3	
Describe terms of warrants, options or other rights]
Other compensation ⁵				
Describe				
Total compensation paid	13650			
☐ Check box if the person will or may receive any def	erred compensati	on (describe the te	 erms below)	
⁴ Provide the aggregate value of all securities distributed as compensations securities of the issuer. Indicate the security codes for all securities distributed as compensation. ⁵ Do not include deferred compensation.	= :	_	· · · · · · · · · · · · · · · · · · ·	
ITEM 9 – DIRECTORS, EXECUTIVE OFFICE	RS AND PROM	MOTERS OF T	HE ISSUER	
If the issuer is an investment fund, do not complete Ite				
Indicate whether the issuer is any of the following (select th	ne one that applies	– if more than one	applies, select only	one).
✓ Reporting issuer in a jurisdiction of Canada☐ Foreign public issuer				
☐ Wholly owned subsidiary of a reporting issuer in ar	y jurisdiction of C	anada ⁶		
Provide name of reporting issuer				
Wholly owned subsidiary of a foreign public issuer	6			
Provide name of foreign public issuer				
☐ Issuer distributing only eligible foreign securities ar	nd the distribution	is to permitted cli	ents only ⁷ .	
If the issuer is at least one of the above, do not comple	ete Item 9(a) – (c).	Proceed to Item 1	10.	
⁶ An issuer is a wholly owned subsidiary of a reporting issu securities, other than securities that are required by law to				-

or the foreign public issuer, respectively. ⁷ Check this box if it applies to the current distribution even if the issuer made previous distributions of other types of securities to non-permitted clients. Refer to the definitions of "eligible foreign security" and "permitted client" in Part B(1) of the Instructions.	
☐ If the issuer is none of the above, check this box and complete Item 9(a) – (c).	
a) Directors, executive officers and promoters of the issuer	

Provide the following information for each director, executive officer and promoter of the issuer. For locations within Canada, state the province or territory, otherwise state the country. For "Relationship to issuer", "D" – Director, "O" – Executive Officer, "P" – Promoter.

Organization or company name	ation or Family First Secondary or residential jurisdiction	Business location of non-individual or residential jurisdiction of individual	Relationship to issuer (select all that apply)				
			Province or country	D	0	P	

b) Promoter information

If the promoter listed above is not an individual, provide the following information for each director and executive officer of the promoter. For locations within Canada, state the province or territory, otherwise state the country. For "Relationship to promoter", "D" – Director, "O" – Executive Officer.

Organization or			Secondary given	Residential jurisdiction of individual	Relationship to promoter (select one or both if applicable)		
company name	name	name	names	Province or country	D	О	

c) Residential address of each individual

Complete Schedule 2 of this form providing the full residential address for each individual listed in Item 9(a) and (b) and attach to the completed report. Schedule 2 also requires information to be provided about control persons.

ITEM 10 - CERTIFICATION

Provide the following certification and business contact information of an officer, director or agent of the issuer or underwriter. If the issuer or underwriter is not a company, an individual who performs functions similar to that of a director or officer may certify the report. For example, if the issuer is a trust, the report may be certified by the issuer's trustee. If the issuer is an investment fund, a director or officer of the investment fund manager (or, if the investment fund manager is not a company, an individual who performs similar functions) may certify the report if the director or officer has been authorized to do so by the investment fund.

The certification may be delegated, but only to an agent that has been authorized by an officer or director of the issuer or underwriter to prepare and certify the report on behalf of the issuer or underwriter. If the report is being certified by an agent on behalf of the issuer or underwriter, provide the applicable information for the agent in the boxes below.

If the individual completing and filing the report is different from the individual certifying the report, provide the name and contact details for the individual completing and filing the report in Item 11.

The signature on the report must be in typed form rather than handwritten form. The report may include an electronic signature provided the name of the signatory is also in typed form.

to file a completed report	of exempt distribution.				
securities regulatory aut	hority or regulator, as applica	ble, that I have r	eviewed this	nvestment fund manager, to the report and to my knowledge, ha to the extent required, complet	aving
Name of Issuer/ investment fund manager/agent	The Good Flour Corp.]
managen/agenc					1
Full legal name	AASEN	OI	en		
	Family name	First give	en name	Secondary given names	_
Title	Director and General Couns	el			
Telephone number	+1 (604) 329-7239	Email address	oaasen@goo	odflour.co	
Signature	/Olen Aasen/	Date	2023	12 18	
			YYYY	MM DD	

Securities legislation requires an issuer or underwriter that makes a distribution of securities under certain prospectus exemptions

ITEM	11 _	cor	NTACT	D	ΕD	COL	M
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 \checkmark

Provide the following business contact information for the individual that the securities regulatory authority or regulator may contact with any questions regarding the contents of this report, if different than the individual certifying the report in Item 10.

Same as individual certifying the report			
Full legal name			
	Family name	First given name	Secondary given names
Title			
Name of company			
Telephone number		Email address	

NOTICE - COLLECTION AND USE OF PERSONAL INFORMATION

The personal information required under this form is collected on behalf of and used by the securities regulatory authority or regulator under the authority granted in securities legislation for the purposes of the administration and enforcement of the securities legislation. If you have any questions about the collection and use of this information, contact the securities regulatory authority or regulator in the local jurisdiction(s) where the report is filed, at the address(es) listed at the end of this form.

Schedules 1 and 2 may contain personal information of individuals and details of the distribution(s). The information in Schedules 1 and 2 will not be placed on the public file of any securities regulatory authority or regulator. However, freedom of information legislation may require the securities regulatory authority or regulator to make this information available if requested.

By signing this report, the issuer/underwriter confirms that each individual listed in Schedule 1 or 2 of the report who is resident in a jurisdiction of Canada:

- a) has been notified by the issuer/underwriter of the delivery to the securities regulatory authority or regulator of the information pertaining to the individual as set out in Schedule 1 or 2, that this information is being collected by the securities regulatory authority or regulator under the authority granted in securities legislation, that this information is being collected for the purposes of the administration and enforcement of the securities legislation of the local jurisdiction, and of the title, business address and business telephone number of the public official in the local jurisdiction, as set out in this form, who can answer questions about the security regulatory authority's or regulator's indirect collection of the information, and
- b) has authorized the indirect collection of the information by the securities regulatory authority or regulator.