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NOTICE OF ANNUAL GENERAL AND SPECIAL MEETING OF SHAREHOLDERS

NOTICE IS HEREBY GIVEN that the Annual General and Special Meeting (the “**Meeting**”) of the Shareholders of The Good Flour Corp. (the “**Company**”) will be held at the offices of DLA Piper (Canada) LLP located at Suite 2700, 1133 Melville Street, Vancouver, British Columbia, V6E 4E5, Canada, on Thursday, December 21, 2023, at 9:00 a.m. (Pacific Time) for the following purposes:

1. To receive and consider the audited consolidated financial statements of the Company for the year ending June 30, 2023 and the report of the auditors thereon.
2. To set the number of directors of the Company at four.
3. To elect Olen Aasen, Denis Silva, Paul Sparkes and Hamid Salimian as directors of the Company on the basis set forth in the accompanying information circular of the Company dated November 8, 2023 (the “**Information Circular**”).
4. To appoint Dale Matheson Carr-Hilton LaBonte LLP, Chartered Professional Accountants, as auditors of the Company for the ensuing year and to authorize the directors to fix the auditor's remuneration.
5. To approve the Company’s Share Compensation Plan and all unallocated entitlements under the Share Compensation Plan.
6. To transact such other business as may properly come before the Meeting or any adjournment or adjournments thereof.

NOTICE-AND-ACCESS

Notice is also hereby given that the Company has decided to use the notice-and-access method of delivery of materials for the Meeting. The notice-and-access method allows for the Company to deliver Meeting materials via the internet in accordance with the applicable rules set forth in National Instrument 54-101 *Communications with Beneficial Owners of Securities of a Reporting Issuer*. Under the notice-and-access system, Shareholders still receive a proxy or voting instruction form (as applicable) enabling them to vote at the Meeting. However, instead of a paper copy of the Information Circular, the audited financial statements of the Company as at and for the fiscal year ended June 30, 2023 and related management’s discussion and analysis of financial condition, Shareholders receive notification with information on how they may access such Meeting materials electronically. The use of this alternative method of delivery is more environmentally friendly as it will help reduce paper use and will also reduce the cost of printing and mailing Meeting materials to Shareholders. **Shareholders are reminded to view the Meeting materials prior to voting.**

Shareholders may access these materials under the Company's profile on SEDAR+ at www.sedarplus.com or at <https://docs.tsxtrust.com/2273>.

Registered holders or beneficial owners may request paper copies of the Meeting materials be sent to them by postal delivery at no cost to them. Requests may be made up to one year from the date the Meeting materials are posted on the website referenced above. In order to receive a paper copy of the Meeting materials or if you have any questions concerning notice-and-access, please call toll free at 1-866-600-5869 or email TMXEInvestorServices@tmx.com. **Requests for paper materials should be received by December 12, 2023 in order to receive the Meeting materials in advance of the Meeting.**

If you hold your Shares in a brokerage account, you are a non-registered shareholder ("Beneficial Shareholder"). Beneficial Shareholders who hold their Shares through a bank, broker or other financial intermediary should carefully follow the instructions found on the form of Proxy or VIF provided to them by their intermediary, in order to cast their vote, or in order to notify the Company if they plan to attend the Meeting.

DATED at Vancouver, British Columbia, this 8th day of November, 2023.

BY ORDER OF THE BOARD OF DIRECTORS

"Hamid Salimian"

Hamid Salimian
Chief Executive Officer