



TSX TRUST COMPANY

VIA ELECTRONIC TRANSMISSION

October 13, 2023

TO ALL APPLICABLE EXCHANGES AND COMMISSIONS:

**RE: THE GOOD FLOUR CORP.
Confirmation of Notice of Record and Meeting Dates**

We are pleased to confirm that Notice of Record and Meeting Dates was sent to The Canadian Depository for Securities.

We advise the following with respect to the upcoming Annual General and Special Meeting of Security Holders for the subject issuer:

1	ISIN:	CA3820991097
	CUSIP:	382099109
2	Date Fixed for the Meeting:	December 21, 2023
3	Record Date for Notice:	November 8, 2023
4	Record Date for Voting:	November 8, 2023
5	Beneficial Ownership Determination Date:	November 8, 2023
6	Classes or Series of Securities that entitle the holder to receive Notice of the Meeting:	COMMON SHARES
7	Classes or Series of Securities that entitle the holder to vote at the meeting:	COMMON SHARES
8	Business to be conducted at the meeting:	Annual General and Special
9	Notice-and-Access:	
	Registered Shareholders:	YES
	Beneficial Holders:	YES
	Stratification Level:	Not Applicable
10	Reporting issuer is sending proxy-related materials directly to Non-Objecting Beneficial Owners:	NO
11	Issuer paying for delivery to Objecting Beneficial Owners:	NO

Yours truly,
TSX Trust Company

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