



TSX TRUST COMPANY

VIA ELECTRONIC TRANSMISSION

October 19, 2022

TO ALL APPLICABLE EXCHANGES AND COMMISSIONS:

**RE: THE GOOD FLOUR CORP.
Confirmation of Notice of Record and Meeting Dates**

We are pleased to confirm that Notice of Record and Meeting Dates was sent to The Canadian Depository for Securities.

We advise the following with respect to the upcoming Annual General Meeting of Security Holders for the subject issuer:

| | | |
|----|--|-------------------|
| 1 | ISIN: | CA3820991097 |
| | CUSIP: | 382099109 |
| 2 | Date Fixed for the Meeting: | December 16, 2022 |
| 3 | Record Date for Notice: | October 27, 2022 |
| 4 | Record Date for Voting: | October 27, 2022 |
| 5 | Beneficial Ownership Determination Date: | October 27, 2022 |
| 6 | Classes or Series of Securities that entitle the holder to receive Notice of the Meeting: | COMMON |
| 7 | Classes or Series of Securities that entitle the holder to vote at the meeting: | COMMON |
| 8 | Business to be conducted at the meeting: | Annual General |
| 9 | Notice-and-Access: | |
| | Registered Shareholders: | YES |
| | Beneficial Holders: | YES |
| | Stratification Level: | Not Applicable |
| 10 | Reporting issuer is sending proxy-related materials directly to Non-Objecting Beneficial Owners: | NO |
| 11 | Issuer paying for delivery to Objecting Beneficial Owners: | NO |

Yours truly,
TSX Trust Company

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