51-102F3 MATERIAL CHANGE REPORT

Item 1 Name and Address of Company

Rockland Minerals Corp. (the "Company") 7934 Government Street Burnaby, British Columbia V5A 2E2

Item 2 Date of Material Change

September 28, 2016

Item 3 News Release

The news release was disseminated through Stockwatch on September 28, 2016.

Item 4 Summary of Material Change

The Company announced that it has terminated the Blue Lake option agreement with La Fosse Platinum Group Inc. effective immediately. The Company has returned the property in good standing.

Item 5 Full Description of Material Change

5.1 Full Description of Material Change

See attached news release.

5.2 Disclosure for Restructuring Transactions

N/A

Item 6 Reliance on subsection 7.1(2) or (3) of National Instrument 51-102

N/A

Item 7 Omitted Information

None

Item 8 Executive Officer

Bryan Loree, Chief Financial Officer, (604) 808-2225

Item 9 Date of Report

November 30, 2016



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Rockland Minerals Returns Blue Lake Property

Vancouver, British Columbia, September 28, 2016 - Rockland Minerals Corp. (TSX.V: RL) (the "Company") has terminated the Blue Lake option agreement with La Fosse Platinum Group Inc. effective immediately. The Company has returned the property in good standing. Rockland still retains exploration properties in the Province of Quebec, which include the 100% owned Retty Lake property and majority interest in the Schefferville gold project.

On behalf of the Board "Ned Goodman"
President & CEO
Rockland Minerals Corp.

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