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## **Ned Goodman Appointed President and CEO**

Vancouver, British Columbia, May 4, 2016 - Rockland Minerals Corp. (TSX.V: RL) (the “**Company**”) is pleased to announce that the Board of Directors has appointed Ned Goodman as President and CEO of the Company, effective immediately.

In addition, Kanwar Herr has resigned from the board of directors. The Company’s management and board wish to acknowledge and thank Mr. Herr for his contributions since 2010 and wish him well in his future endeavors.

On behalf of the Board  
“*Ned Goodman*”  
President & CEO  
Rockland Minerals Corp.

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