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Rockland Starts Field Program at Schefferville Gold Property, Québec

For Immediate Release. Vancouver, British Columbia, September 27, 2011: Rockland Minerals Corp. (TSX Venture: RL) (the "Company") announces that it has commenced a follow up field program to define drill targets and take further samples from Company's Schefferville gold property, Quebec. Rockland recently reported widespread gold values in surface grab samples from iron-stained outcrops at the Rusty Acres zone. The results had several higher grade samples including 12.75 g/t Au, 4.94 g/t Au, 4.42 g/t Au, 3.64 g/t Au. In addition, a lone grab sample from one of the mineralized areas at Rusty Acres returned a gold assay of 171.5 g/t Au, a value higher than anything previously reported in the literature and confirms the attractiveness of this target area. An updated map from the summer sampling program can be seen on the Company website at www.rocklandminerals.ca.

The program will be lead by George F. Sanders, Dr. Serge Chevé and Gennady Ivanov of *IOS Services Geoscientifiques Inc.* The goal of the program is to further understand the widespread gold occurrences in the Rusty Acres area. The high resolution "draped" aeromagnetic survey flown in April, and the encouraging assay results from field work in July, now give a much better understanding of potential structures and controls for the gold mineralization. Rockland geologists will mark drill targets for a planned winter drill campaign using this new information.

George F. Sanders, P.Geo, a director of the Company, is the Qualified Person under NI 43-101 responsible for the technical content of this News Release. Rockland has a 55% interest in the Schefferville Gold claims, in both the northern and southern blocks, with 45% Joint Venture partner Western Troy Capital Resources Inc. (TSX Venture: WRY).

We seek Safe Harbor.

*On behalf of the Board of Directors
"Rav Mlait"*

President and CEO
Rockland Minerals Corp.

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