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Rockland Refiles March 2011 Interim Financial Statements and MD&A

For Immediate Release, Vancouver, British Columbia, July 18, 2011: Rockland Minerals Corp. (TSX Venture: RL) (the "Company") announced that it has re-filed its unaudited consolidated interim financial statements and management discussion and analysis for the three months ended March 31, 2011. The interim consolidated financial statements dated May 31, 2011 for the three months ended March 31, 2011 statements were deficient because they did not fully comply with disclosures required for International Financial Reporting Standards (IFRS) 1. The Company has added or amended various tables, notes and disclosures to meet post IFRS changeover standards. The amended and restated unaudited consolidated interim financial statements and management discussion and analysis for the three months ended March 31, 2011 can be found on SEDAR.

We seek Safe Harbor.

On behalf of the Board of Directors
"Rav Mlait"

President and CEO
Rockland Minerals Corp.

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