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Rockland Receives Drill Permit for Retty Lake Cu-Ni-PGE, Quebec

For Immediate Release. Vancouver, British Columbia, May 9, 2011: Rockland Minerals Corp. (TSX Venture: RL) (the “Company”) reports that it has received a drill permit from the Ministère des Ressources naturelles et de la Faune du Québec (Chibougamau) for the Retty Lake Cu-Ni-Pt-Pd Property, located near the town of Schefferville, in the heart of the Labrador Trough, Quebec. The Company will provide updates on mobilization and drilling in the coming days.

The Retty Lake property is on-trend with four known adjacent copper-nickel-platinum group metals (PGM) lenses known as the “Blue Lake Deposits” originally outlined by Hollinger North Shore Exploration in the 1950's. The Blue Lake Cu-Ni-Pt-Pd deposits were formed at or near the basal zone of the (middle) ultramafic peridotite sill, where it intrudes sulfur-rich metasediments. This favourable horizon runs through the Rockland property in a northwest trajectory, and Rockland is looking to discover additional lenses on the Retty Lake property.

George F. Sanders, P.Geo, a director of the Company, and the Qualified Person under National Instrument 43-101 responsible for the technical content of this news release. Please visit our website for more information.

We seek Safe Harbor.

On behalf of the Board of Directors

“Rav Mlait”

President and CEO
Rockland Minerals Corp.

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