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Rockland Signs Drill Contract for Retty Lake Property, Quebec

March 22, 2011, Vancouver, BC, Canada – Rockland Minerals Corp. (The “Company” or “Rockland”), (TSX.V: RL) reports that it has signed a drill contract with Cartwright Drilling of Goose Bay, Newfoundland to drill a minimum of 1500 meters, of core holes at the Retty Lake Cu-Ni-Pt-Pd Property, northwest of Schefferville, Québec. The drilling is planned to commence sometime in May. Further details of this program and other programs and will be released as they become available.

The Retty Lake property is on-trend with four known adjacent copper-nickel-platinum group metals (PGM) lenses known as the “Blue Lake Deposits” originally outlined by Hollinger North Shore Exploration in the 1950's. The Blue Lake Cu-Ni-Pt-Pd deposits were formed at or near the basal zone of a ultramafic peridotite sill, where it was intruded sulfur-rich metasediments. This favourable horizon runs through the Rockland property in a northwest trajectory and Rockland is looking to discover additional lenses on the Retty Lake property.

George F. Sanders, P.Geo, a director of the Company, and the Qualified Person under National Instrument 43-101 responsible for the technical content of this news release.

On behalf of the Board of Directors

“Rav Mlait”

President and CEO
Rockland Minerals Corp.

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