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Rockland Announces Results of Annual General Meeting

Vancouver, British Columbia, December 9, 2013 - Rockland Minerals Corp. (TSX.V: RL) (the “Company”) is pleased to announce the results of its annual general meeting of common shareholders held on December 6, 2013 in Vancouver. Resolutions passed at the meeting included the re-appointment of Saturna Group Chartered Accountants LLP as auditors of Rockland, approval of Rockland's incentive stock option plan, ratification of the Advance Notice Policy (previously adopted by the Company, as announced on May 24, 2013) and the election of the following Directors: George F. Sanders, Brian Johnston, Rav Mlait, Bryan Loree and Kanwar Herr.

We seek Safe Harbor.

On behalf of the Board of Directors

“Rav Mlait”

President and CEO
Rockland Minerals Corp.

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