

Rockland Minerals Corp.
("Company")

VOTING INSTRUCTION FORM ("VIF")

Annual General Meeting
December 6, 2013, at 10:00am PST
Suite 900 – 885 West Georgia Street,
Vancouver, BC
("Meeting")



RECORD DATE: October 25, 2013
CONTROL NUMBER:
SEQUENCE #:
FILING DEADLINE FOR VIF: 10:00am PST, on December 4, 2013

VOTING METHODS

| | |
|------------------------------|--|
| INTERNET | Go to www.voteproxyonline.com and enter the 12 digit control number above |
| FACSIMILE | (416) 595-9593 |
| MAIL or HAND DELIVERY | EQUITY FINANCIAL TRUST COMPANY 200 University Avenue, Suite 300, Toronto, Ontario, M5H 4H1 |

The undersigned hereby appoints **Ravinder Mlait, CEO** of the Company, or failing him, **Bryan Loree, CFO**, or failing both of them **George Sanders** ("Management Nominees"), or instead of any of them, the following Appointee

Please print appointee name

as proxyholder on behalf of the undersigned with the power of substitution to attend, act and vote for and on behalf of the undersigned in respect of all matters that may properly come before the Meeting and at any adjournment(s) thereof, to the same extent and with the same power as if the undersigned were personally present at the said Meeting or such adjournment(s) thereof in accordance with voting instructions, if any, provided below.

The matters to be voted on at the Meeting are as follows. Unless you are appointing yourself to attend the Meeting and vote in person, please provide your voting instructions by marking the appropriate box. (see Note 1 overleaf)

*** SEE VOTING GUIDELINES ON REVERSE ***

RESOLUTIONS – MANAGEMENT VOTING RECOMMENDATIONS ARE INDICATED BY HIGHLIGHTED TEXT ABOVE THE BOXES

| | | |
|--|--------------------------|--------------------------|
| 1. Appointment of Auditors | FOR | WITHHOLD |
| Appointment of Saturna Group Chartered Accountants LLP as Auditors of the Company for the ensuing year and authorizing the Directors to fix their remuneration. | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Number of Directors | FOR | AGAINST |
| To Set the Number of Directors at 5 | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Election of Directors | FOR | WITHHOLD |
| a) Ravinder Mlait | <input type="checkbox"/> | <input type="checkbox"/> |
| b) George F. Sanders | <input type="checkbox"/> | <input type="checkbox"/> |
| c) Bryan E. Loree | <input type="checkbox"/> | <input type="checkbox"/> |
| d) Brian Johnston | <input type="checkbox"/> | <input type="checkbox"/> |
| e) Kanwar Herr | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Stock Option Plan | FOR | AGAINST |
| To consider and, if thought fit, to approve an ordinary resolution to approve the Company's rolling stock option plan, as described in the Information Circular. | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Advance Policy Notice | FOR | AGAINST |
| To consider and, if thought fit, to approve an ordinary resolution to approve the Company's advance notice policy, as described in the Information Circular. | <input type="checkbox"/> | <input type="checkbox"/> |

This VIF revokes and supersedes all earlier dated VIF and **MUST BE SIGNED.**

PLEASE PRINT NAME

Signature of Beneficial owner(s) _____ *Date (MM/DD/YYYY)* _____

Voting Instructions – Guidelines and Conditions

The Company is providing you the enclosed proxy-related materials for their security holder Meeting. Your name, address and information about your security holdings have been obtained in accordance with applicable securities regulations from the intermediary holding them on your behalf (which is identified by name, code or identifier in the information on the top right corner overleaf). The Voting Instruction Form (“VIF”) is to enable your vote to be submitted on the stated matters. Please complete, sign, date and return the VIF. Unless you appoint yourself or a delegate to attend the Meeting and vote, your securities can be voted only by Management Nominees in accordance with your instructions.

We are prohibited from voting these securities on any of the matters to be acted upon at the Meeting without your specific voting instructions.

The completed VIF should be delivered to Equity Financial Trust Company, in the envelope provided or by fax to (416) 595-9593. Alternatively, if available, you may vote online at www.voteproxyonline.com. The matters to be voted on at the Meeting are set out overleaf.

By providing voting instructions as requested, you are acknowledging that you are the beneficial owner of, and are entitled to instruct us with respect to the voting of, these securities.

THIS VOTING INSTRUCTION FORM MUST BE READ IN CONJUNCTION WITH THE MEETING MATERIAL. YOUR VOTING INSTRUCTIONS MUST BE RECEIVED NO LATER THAN THE DEADLINE SPECIFIED OVERLEAF IN THE UPPER LEFT SECTION OF THE VIF OR THE EQUIVALENT TIME BEFORE THE TIME AND DATE OF ANY ADJOURNMENT OF THE MEETING.

Voting Instructions and Authority - Notes

1. If you appoint the Management Nominees to vote your securities, they will vote in accordance with your instructions or, if no instructions are given, in accordance with the Management Voting Recommendation highlighted for each Resolution overleaf. If you appoint someone else to vote your securities, they will also vote in accordance with your instructions or, if no instructions are given, as they in their discretion choose.
2. The appointment of the Management Nominees or another Appointee gives them discretion to vote on any other matters that may properly come before the Meeting.
3. If Internet voting is available, you can provide your voting instructions on the website noted overleaf.
4. To be valid, this VIF must be signed. Please date the VIF. If the VIF is not dated, it is deemed to bear the date of its being mailed to the shareholders of the Company.
5. This form does not convey any right to vote in person at the Meeting. **We urge you to read the above instructions, and the Information Circular prior to completing, signing and returning the VIF so that your securities can be voted.**

For assistance, please contact Equity Financial Trust Company:

Mail: Equity Financial Trust Company
200 University Avenue, Suite 300
Toronto, ON
M5H 4H1

Telephone: (416) 361-0930

Facsimile: (416) 595-9593

Email: investor@equityfinancialtrust.com

Appointing yourself or someone else to vote your securities

If you want to attend the Meeting and vote in person at the Meeting or appoint another person to do so, write your name or the name of the person attending the Meeting in the space provided on the VIF and return it. Unless prohibited by law, the person whose name is written in the space provided will have full authority to present matters to the Meeting and vote on all matters that are presented at the Meeting, even if those matters are not set out in this form or the information circular. Consult a legal advisor if you wish to modify the authority of that person in any way. When you or your Appointee arrives at the Meeting, they should give their name to the scrutineers and state that they are a proxy appointee. The Appointee must attend the Meeting in order for your shares to be voted.

Request for Financial Statements

Shareholders may elect whether to receive Annual Financial Statements, Interim Financial Statements, and MD&As.

Instead of receiving the financial statements by mail, you may choose to view these documents on SEDAR at www.sedar.com.

- Annual Financial Statement with MD&A**
(Mark this box if you would like to receive the Annual Financial Statements and related MD&A)
- Interim Financial Statement with MD&A**
(Mark this box if you would like to receive the Interim Financial Statements and related MD&A)

If you are casting your vote online and wish to receive financial statements, please fax this side to (416) 595-9593.

ROCKLAND MINERALS CORP.
FISCAL YEAR – 2013