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Rockland Announces Results of Annual General Meeting

Vancouver, British Columbia, November 12, 2012 - Rockland Minerals Corp. (TSX.V: RL) (the “Company”) is pleased to announce the results of its annual and special meeting of common shareholders held on November 2, 2012 in Vancouver. Resolutions passed at the meeting included the re-appointment of Saturna Group Chartered Accountants LLP as auditors of Rockland, approval of Rockland's incentive stock option plan, and the election of the following Directors: George F. Sanders, Brian Johnston, Rav Mlait, Bryan Loree and Kanwar Herr.

We seek Safe Harbor.

On behalf of the Board of Directors

“Rav Mlait”

President and CEO
Rockland Minerals Corp.

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