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Rockland Receives Drill Permit for Blue Lake Cu-Ni-PGM, Labrador Trough, Quebec

For Immediate Release. Vancouver, British Columbia, June 7, 2012: Rockland Minerals Corp. (TSX Venture: RL) (the "Company") reports that it has received a drill permit from the Ministère des Ressources naturelles et de la Faune du Québec (MRNF) for the Blue Lake Cu-Ni-Pt-Pd property, located near the town of Schefferville, in the heart of the Labrador Trough, Quebec. The Company has mobilized fuel and supplies to its base camp in preparation for drilling commencing in early July.

The Blue Lake sulfide deposits are nickeliferous pyrrhotite ores, with a copper content twice that of nickel, containing significant platinum and palladium. The historical tonnage, established in 1989, was 4.03 Mt at 0.85% Cu, 0.52% Ni and 0.84 g/t platinum and palladium. The Blue Lake historical deposits are located within a Québec Special Mining lease BEP-93, one of five Special Mining leases optioned to Rockland from La Fosse Platinum Group. In addition to the Blue Lake property, Rockland controls, the Retty Lake, Jimmick, Chance Lake, Glance Lake, Fredrickson and Lac Aulneau properties, all in the southern Labrador Trough. The Blue Lake area is ideally located as a positive mining destination, approximately 60 km from the town of Schefferville, Quebec which has its own airport and railhead. Rockland is systematically exploring this region and its goal is to discover mineralization, confirm and expand tonnage on its property holdings.

George F. Sanders, P.Geo, a director of the Company, and the Qualified Person under National Instrument 43-101 responsible for the technical content of this news release. Please visit our website for more information.

We seek Safe Harbor.

On behalf of the Board of Directors

"Rav Mlait"

President and CEO Rockland Minerals Corp.

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