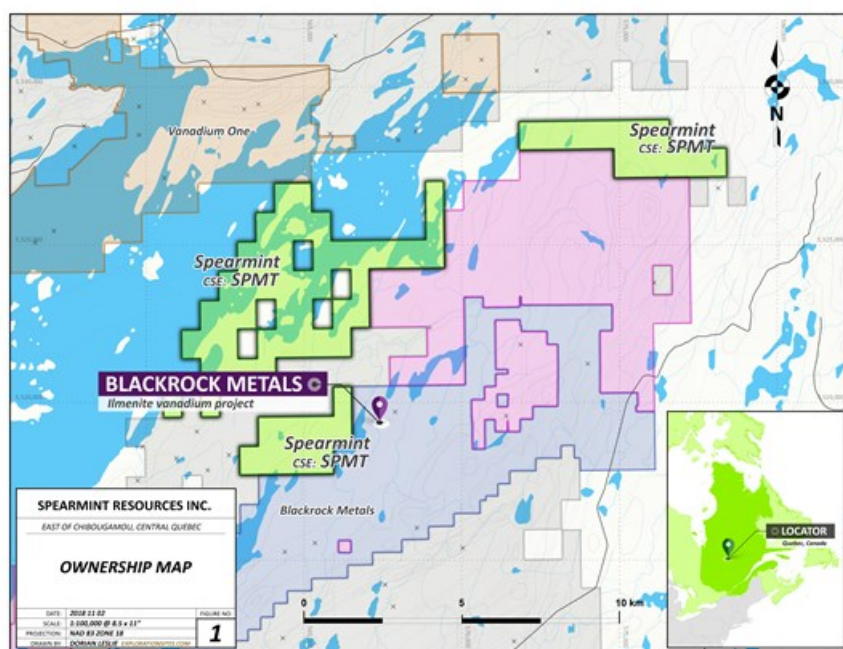


Spearmint Commences Operations on its Chibougamau Vanadium Prospects in Quebec

Vancouver, British Columbia--(Newsfile Corp. - November 5, 2018) - **Spearmint Resources Inc. (CSE: SPMT) (OTC Pink: SPMTF) (FSE: A2AHL5)** (the "Company") is pleased to announce that it has commenced operations on its Chibougamau Vanadium Prospects located in Quebec. Spearmint's Vanadium prospects border, or are in the direct vicinity of the vanadium deposit of BlackRock Metal's (private) Ilmenite vanadium project and Vanadium One Energy Corp.'s Mont Sorcier vanadium project. Vanadium has garnered significant market attention recently as the use of vanadium in battery storage is gaining momentum and Spearmint is very pleased to maintain a significant footprint in one of Canada's best-known vanadium districts. Vanadium has been the best performing battery metal over the past two years going from under \$5 USD per pound to recently reaching an all-time high of over \$33 USD per pound. On August 21, 2018, the Government of Quebec announced a \$248-million investment in the BlackRock Metals Vanadium Project and the development of the Grande-Anse sector with the total project representing investments valued at nearly \$1.3 billion and will create more than 800 jobs during the construction of the mine and mill. (Source: News Release from Office of the Deputy Prime Minister, Minister of the Economy, Science and Innovation and Minister responsible for the Digital Agenda, August 21, 2018, 09:30 EST.)



Spearmint Vanadium Prospects

To view an enhanced version of this graphic, please visit:

https://orders.newsfilecorp.com/files/4360/40825_5ab53aaab44af999_002full.jpg

James Nelson, President of Spearmint, stated "As the Vanadium price-per-pound continues to reach all-time highs, recently breaking over \$33USD per pound, we are very excited to begin phase one work programs on our Chibougamau Vanadium prospects in Quebec bordering Blackrock Metals and Vanadium One Energy Corp. In addition to ongoing activity on our gold properties bordering GT Gold Corp. in the golden triangle of BC, Spearmint has also recently acquired the Hammernose Gold Prospect bordering the strategic alliance between Westhaven Ventures Inc. & Sable Resources Ltd. and a district size prospect bordering Serengeti Resources Inc. in BC. With ongoing work programs and the recent addition of an IR specialist to increase investor awareness, we expect to be very active throughout the remainder of 2018 and heading into 2019."

About Spearmint Resources

Spearmint's current projects include the 'Chibougamau Vanadium Prospects' comprising of four separate claim blocks totalling 9,735-acres bordering, or in the direct vicinity of the vanadium deposit of BlackRock Metal's (private) Ilmenite vanadium project and Vanadium One Energy Corp. and Spearmint's 'Clayton Valley Lithium Prospects' in Nevada comprising of two claim blocks totalling 800 acres bordering Pure Energy Minerals & Cypress Development Corp.

Spearmint's current projects also include a portfolio of prospects in the Golden Triangle of British Columbia; the 'Golden Triangle Gold Prospects' comprising of six separate claims blocks totalling 9,157 acres bordering GT Gold Corp, the 920 acre 'NEBA West' & 6,803 acre 'NEBA' Gold-Copper Prospects bordering Aben Resources Ltd, the 'Henry' Gold-Copper Prospect consisting of two contiguous claim blocks totalling 1,989 acres in the direct vicinity of Golden Ridge Resources Ltd., and the 21,587 acre 'EL North' Nickel-Copper Prospect is a contiguous land package of six claims in the Eskay Creek Camp bordering Garibaldi Resources Corp. Spearmint's other projects in British Columbia include the 'Gold Mountain Prospects' comprising of three separate claim blocks totalling 1,245 acres bordering Barkerville Gold Mines, Spearmint's 16,662 acre 'WHY WEST' Magnesium project consisting of six claims near Rossland BC, the 'Safari' Copper-Gold Prospect consisting of 9,007

contiguous acres located in the northern Quesnel Trough in North-Central BC directly bordering Serengeti Resources Inc., and the 'Hammerose' Gold Prospect consisting of 5,140 acres directly bordering the strategic alliance between Westhaven Ventures Inc. & Sable Resource Ltd. in the Spences Bridge gold belt located in Southern British Columbia, Canada.

If you would like to be added to Spearmint's news distribution list, please send your email address to info@spearmintresources.ca.

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"James Nelson"

President

Spearmint Resources Inc.

The CSE has not reviewed and does not accept responsibility for the adequacy or accuracy of the content of this release.