



SPEARMINT RESOURCES INC.

SRJ-TSX.V | SPMTF-USA | A2AHL5-GER

SPEARMINT RESOURCES INC.
Suite 1470 – 701 West Georgia Street
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Trading Symbol:

SRJ -- TSX Venture Exchange
SPMTF -- USA
A2AHL5 -- FSE

Spearmint Update

Spearmint Resources Inc. (“SRJ” or the “Company”) (SRJ—TSX.V) (SPMTF—OTCBB) (A2AHL5--FSE) has granted 5 million stock options at an exercise price of 11 cents. These options may be granted to directors, officers and consultants for a one-year term pursuant to its rolling stock option plan.

Spearmint’s current projects include a portfolio of lithium prospects. The 'Clayton Valley Lithium Prospects' in Nevada comprise of two claim blocks totalling 800-acres bordering Pure Energy Minerals (PE.v) & Cypress Development Corp. (CYP.v). Spearmint also has three lithium projects in Quebec, including the 4,485-acre 'Pressiac Lithium Prospect', the 524-acre 'Whabouchi Lakes Lithium Prospect', and the 2,636-acre 'Whabouchi Lakes West Lithium Prospect' in the vicinity of Nemaska Lithium Inc. (NMX.t) & Critical Elements Corp. (CRE.v). Spearmint’s 'Chibougamau Vanadium Prospects' comprise of five separate claim blocks totalling 9,735-acres bordering, or in the direct vicinity of, the vanadium deposit of BlackRock

Metal's (private) Ilmenite vanadium project, Vanadiumcorp Resource Inc. (VRB.v) and Vanadium One Energy Corp. (VONE.v).

Spearmint's current projects also include three areas of focus on gold in British Columbia; the 'Golden Triangle Gold Prospects' comprising of four separate claim blocks totaling 4,095-acres bordering GT Gold Corp (GTT.v), the 'Gold Mountain Prospects' comprising of three separate claim blocks totaling 1,245-acres bordering Barkerville Gold Mines (BGM.v), and the 3,052 acre 'Neba Prospect' bordering Aben Resources Ltd (ABN.v). Spearmint's 8,482 acre 'EL North' Nickel-Copper Prospect is a contiguous land package that includes the 'EL North, EL North 2 and the BUDDY claims' in the Eskay Creek Camp bordering Garibaldi Resources Corp (GGI.v). Spearmint's 1,500 acre 'WHY WEST' Magnesium project near Rossland, BC directly borders West High Yield Resources (WHY.v).

If you would like to be added to Spearmint's news distribution list, please send your email address to info@spearmintresources.ca.

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President

Spearmint Resources Inc.

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