SPEARMINT RESOURCES INC.

Suite 1470 – 701 West Georgia Street Vancouver, BC V7Y 1C6

May 30, 2017

Trading Symbol:

SRJ -- TSX Venture Exchange SPMTF -- USA A2AHL5 -- FSE

Spearmint Grants Stock Options

Spearmint Resources Inc. ("SRJ" or the "Company") (SRJ—TSX.V)(SPMTF—OTCBB) (A2AHL5--FSE) has granted 250,000 stock options at an exercise price of \$0.05 to a consultant for a six month term pursuant to its Rolling Stock Option Plan. Additionally, the Company has decided not to pursue the acquisition of the Windfall Lake Urban-Barry gold prospect announced on February 27, 2017.

If you would like to be added to Spearmint's news distribution list, please send your email address to info@spearmintresources.ca

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"James Nelson"
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