

**SPEARMINT RESOURCES INC.**  
Suite 1470 – 701 West Georgia Street  
Vancouver, BC V7Y 1C6

**May 22, 2014**

Trading Symbol:

SRJ—TSX Venture Exchange

### **Spearmint Director Resigns**

**May 22, 2014** – Spearmint Resources Inc. (“**SRJ**” or the “**Company**”) (SRJ—TSX.V) is announcing that Negar Adam has resigned from the board of directors, effective today. The board would like to thank Ms. Adam for her contributions to the Company and wishes her well with her future endeavors. The Company would also like to announce the appointment of James Nelson as a director.

If you would like to be added to Spearmint’s news distribution list, please send your email address to: [info@spearmintresourcesinc.com](mailto:info@spearmintresourcesinc.com)

#### Contact Information

Tel: 1604646-6903

[info@spearmintresourcesinc.com](mailto:info@spearmintresourcesinc.com)

[www.spearmintresourcesinc.com](http://www.spearmintresourcesinc.com)

“James Nelson”

Director

Spearmint Resources Inc.

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