

**SPEARMINT RESOURCES INC.**  
Suite 1470 – 701 West Georgia Street  
Vancouver, BC V7Y 1C6

**October 8, 2013**

Trading Symbol:

SRJ—TSX Venture Exchange

**Spearmint Appoints new CFO and Secretary**

**Oct. 8, 2013** -- (“**SRJ**” or the “**Company**”) (SRJ—TSX.V) Cindy Cai has been appointed as Chief Financial Officer and Conrad Clemiss has been appointed as Corporate Secretary in addition to his existing role as President. Negar Adam has resigned as Chief Financial Officer and Secretary but will remain on the board of directors.

The Company has also granted 440,000 stock options at an exercise price of \$0.05 to directors, officers and consultants for a term of five years pursuant to its Rolling Stock Option Plan.

If you would like to be added to Spearmint’s news distribution list, please send your email address to [spearmintresources@gmail.com](mailto:spearmintresources@gmail.com)

Contact Information

Tel: 1604646-6903

[spearmintresources@gmail.com](mailto:spearmintresources@gmail.com)

[www.spearmintresourcesinc.com](http://www.spearmintresourcesinc.com)

“Conrad Clemiss ”

President & Corporate Secretary

Spearmint Resources Inc.

*Neither the TSX Venture Exchange Inc. nor its Regulation Service Provider (as that term is defined in the policies of the TSX Venture Exchange Inc.) accepts responsibility for the adequacy or accuracy of this press release.*