

SPEARMINT RESOURCES INC.
Suite 1470 – 701 West Georgia Street
Vancouver, BC V7Y 1C6

October 01, 2013

Trading Symbol:

SRJ—TSX Venture Exchange

Spearmint Director Resigns

Oct. 01, 2013 – Inc. (“**SRJ**” or the “**Company**”) (SRJ—TSX.V) Tanveer Ali has resigned from Spearmint Resources Inc.'s board of directors, effective Oct. 01, 2013, reducing the number of directors from four to three. The board would like to thank Mr. Ali for his contributions to the Company and wishes him well with his future endeavours.

If you would like to be added to Spearmint’s news distribution list, please send your email address to spearmintresources@gmail.com

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“Conrad Clemiss ”

Director

Spearmint Resources Inc.

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