UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

<u>September 4, 2024</u>

Date of Report (Date of earliest event reported)

BODY AND MIND INC.

(Exact name of registrant as specified in its charter)

	Nevada	000-55940	98-1319227	
	(State or other jurisdiction of incorporation	n) (Commission File Number)	(IRS Employer Identification No.)	
	750 – 1095 West Pender S	Street		
	Vancouver, British Columbia	Canada	V6E2M6	
	(Address of principal executive		(Zip Code)	
		(800) 361-6312 Registrant's telephone number, including area code		
Not applicable. (Former name or former address, if changed since last report)				
Check the	appropriate box below if the Form 8-K is inter	nded to simultaneously satisfy the filing obligation of	the registrant under any of the following provisions:	
	Written communications pursuant to Rule	425 under the Securities Act (17 CFR 230.425)		
	Soliciting material pursuant to Rule 14a-12	under the Exchange Act (17 CFR 240.14a-12)		
	Pre-commencement communications pursu	uant to Rule 14d-2(b) under the Exchange Act (17 CFR	240.14d-2(b))	
	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))			
Securities	registered pursuant to Section 12(b) of the A	ct:		
	Title of each class	Trading Symbol(s)	Name of each exchange on which registered	
N/A		N/A	N/A	

Indicate by check mark whether the registrant is an emerging growth company as defined in as defined in Rule 405 of the Securities Act of 1933 (Section 230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (Section 240.12b-2 of this chapter).

Emerging growth company \boxtimes

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. \boxtimes

SECTION 7 - REGULATION FD

Item 7.01 Regulation FD Disclosure

On September 4, 2024, Body and Mind Inc. (the "Company" or "BaM") issued a news release to to announce that the Company's wholly owned subsidiary, DEP Nevada, Inc. ("DEP") has closed the previously announced transaction to sell all of its interests in the Body and Mind Ohio processor for total consideration of US\$2 million in cash, which was received in early 2024.

Transaction Details

As previously reported on September 6, 2023, pursuant to the equity purchase agreement with LMTB, LLC (the "Purchaser"), DEP agreed to sell all of the issued and outstanding interests, equity, or profit interests (the "Interests") in NMG OH P1, LLC ("NMG OH P1"), which owns and operates the Body and Mind Ohio processor, to the Purchaser. The Body and Mind Ohio processor has now been sold to the Purchaser for a purchase price for the Interests of US\$2 million, subject to a working capital adjustment and other customary adjustments.

A copy of the news release is attached as Exhibit 99.1 hereto.

SECTION 9 - FINANCIAL STATEMENTS AND EXHIBITS

Item 9.01 Financial Statements and Exhibits

(d) Exhibits

Exhibit	Description		
<u>99.1</u>	News Release dated September 4, 2024		
104	Cover Page Interactive Data File (the cover page XBRL tags are embedded within the inline XBRL document)		
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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

BODY AND MIND INC.

DATE: September 4, 2024

By: /s/ Michael Mills

Michael Mills President, CEO and Director

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NEWS RELEASE - For Immediate Dissemination

Body and Mind Closes Ohio Processor Transaction

Las Vegas, NV and Vancouver, B.C., CANADA (Newsfile Corp. – September 4, 2024) — Body and Mind Inc. (CSE: BAMM, OTC Pink: BMMJ) (the "Company" or "BaM"), a multi-state operations-focused cannabis company, is pleased to announce that the Company's wholly owned subsidiary, DEP Nevada, Inc. ("DEP") has closed the previously announced transaction to sell all of its interests in the Body and Mind Ohio processor for total consideration of US\$2 million in cash, which was received in early 2024.

Transaction Details

As previously reported on September 6, 2023, pursuant to the equity purchase agreement with LMTB, LLC (the "Purchaser"), DEP agreed to sell all of the issued and outstanding interests, equity, or profit interests (the "Interests") in NMG OH P1, LLC ("NMG OH P1"), which owns and operates the Body and Mind Ohio processor, to the Purchaser. The Body and Mind Ohio processor has now been sold to the Purchaser for a purchase price for the Interests of US\$2 million, subject to a working capital adjustment and other customary adjustments.

About Body and Mind Inc.

BaM is an operations-focused cannabis company with active retail operations in Illinois and California, and pending retail operations in Illinois and New Jersey. We work daily to increase our market share through delighting customers while also continuing to hone our operational efficiencies to drive profits. We are primarily guided by the metric of return on investment. Currently, we believe the most significant return on investment projects in front of us are successful retail cannabis store launches in Illinois and New Jersey, which augment our existing retail footprint. We also believe that our team's core operational skillsets will create significant future shareholder value as the cannabis industry matures.

Please visit www.bodyandmind.com for more information. Instagram: @bodyandmindBaM Twitter: @bodyandmindBaM

For further information, please contact:

Company Contact:

Michael Mills CEO Tel: 800-361-6312 ir@bodyandmind.com Neither the Canadian Securities Exchange nor its Market Regulator (as that term is defined in the policies of the Canadian Securities Exchange) accepts responsibility for the adequacy or accuracy of this release.

Safe Harbor Statement

Except for the statements of historical fact contained herein, the information presented in this news release constitutes "forward-looking statements" as such term is used in applicable United States and Canadian laws. These statements relate to analyses and other information that are based on forecasts of future results, estimates of amounts not yet determinable and assumptions of management. Any other statements that express or involve discussions with respect to predictions, expectations, beliefs, plans, projections, objectives, assumptions or future events or performance (often, but not always, using words or phrases such as "expects" or "does not expect", "is expected", "anticipates" or "does not anticipate", "plans, "estimates" or "intends", or stating that certain actions, events or results "may", "could", "would", "might" or "will" be taken, occur or be achieved) are not statements of historical fact and should be viewed as "forward-looking statements". Such forward-looking statements involve known and unknown risks, uncertainties and other factors which may cause the actual results, performance or achievements of the Company to be materially different from any future results, performance or achievements expressed or implied by such forward-looking statements. Such risks and other factors include, among others, the actual results of activities, variations in the underlying assumptions associated with the estimation of activities, the availability of capital to fund programs and the resulting dilution caused by the raising of capital through the sale of shares, labor disputes and other risks. Although the Company has attempted to identify important factors that could cause actual actions, events or results to differ materially from those described in forward-looking statements will prove to be accurate as actual results and future events could differ materially from those anticipated in such statements. Accordingly, readers should not place undue reliance on forward-looking statements contained in this n

Certain matters discussed in this news release and oral statements made from time to time by representatives of the Company may constitute forward-looking statements. Although the Company believes that the expectations reflected in such forward-looking statements are based upon reasonable assumptions, it can give no assurance that its expectations will be achieved. Forward-looking information is subject to certain risks, trends and uncertainties that could cause actual results to differ materially from those projected. Many of these factors are beyond the Company's ability to control or predict. Important factors that may cause actual results to differ materially and that could impact the Company and the statements contained in this news release can be found in the Company's filings with the Securities and Exchange Commission. The Company assumes no obligation to update or supplement any forward-looking statements whether as a result of new information, future events or otherwise. This press release shall not constitute an offer to sell or the solicitation of an offer to buy securities.