BODY AND MIND INC. 1095 WEST PENDER STREET, SUITE 750 VANCOUVER, BC V6E 2M6 CANADA



VOTE BY INTERNET - www.proxyvote.com or scan the QR Barcode above

Use the Internet to transmit your voting instructions and for electronic delivery of information. Vote by 11:59 p.m. Eastern Time on March 27, 2024. Have your proxy card in hand when you access the web site and follow the instructions to obtain your records and to create an electronic voting instruction form.

ELECTRONIC DELIVERY OF FUTURE PROXY MATERIALS

If you would like to reduce the costs incurred by our company in mailing proxy materials, you can consent to receiving all future proxy statements, proxy cards and annual reports electronically via e-mail or the Internet. To sign up for electronic delivery, please follow the instructions above to vote using the Internet and, when prompted, indicate that you agree to receive or access proxy materials electronically in future years.

VOTE BY PHONE - 1-800-690-6903

Use any touch-tone telephone to transmit your voting instructions. Vote by 11:59 p.m. Eastern Time on March 27, 2024. Have your proxy card in hand when you call and then follow the instructions.

VOTE BY MAIL

Mark, sign and date your proxy card and return it in the postage-paid envelope we have provided or return it to Vote Processing, c/o Broadridge, 51 Mercedes Way, Edgewood, NY 11717.

TO VOTE, MARK BLOCKS BELOW IN BLUE OR BLACK INK AS FOLLOWS:

KEEP THIS PORTION FOR YOUR RECORDS

THIS PROXY CARD IS VALID ONLY WHEN SIGNED AND DATED.

DETACH AND RETURN THIS PORTION ONLY

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The Board of Directors recommends you vote FOR the following: 1. To elect the following as directors:		
Nominees	For	Withhold
1a. Michael Mills	0	
1b. Brent Reuter	0	0
1c. Stephen Hoffman	0	0
1d. Alexis Podesta	0	0
1e. Joshua Rosen	0	0
The Board of Directors recommends you vote FOR proposals 2 and 3.	For	Against Abstain
To ratify the appointment of Sadler, Gibb & Associates, LLC, as the Company's independent registered public accounting firm.	0	0 0
To approve, on a non-binding advisory basis, the compensation of our named executive officers, as more particularly described in the Schedule 14A - Proxy Statement.	0	0 0
NOTE: Such other business as may properly come before the meeting or any adjournment thereof.		
Please sign exactly as your name(s) appear(s) hereon. When signing as attorney, executor, administrator, or other fiduciary, please give full title as such. Joint owners should each sign personally. All holders must sign. If a corporation or partnership, please sign in full corporate or partnership name by authorized officer.		
	7	
Signature [PLEASE SIGN WITHIN BOX] Date Signature (Joint Owners) Date	_	

	ortant Notice Regarding the Availability of Proxy Materials for the Annual Meeting: The Notice & Proxy Statement and Annual Report available at www.proxyvote.com
	BODY AND MIND INC. Annual Meeting of Stockholders
	March 28, 2024 10:00 a.m. (Pacific Time) This proxy is solicited by the Board of Directors
	The undersigned stockholder of the Company hereby appoints Mr. Michael Mills, the President and CEO of the Company, or failing him, Mr. Dong Shim, the Chief Financial Officer of the Company, or instead of any of them,
	adjournment or postponement thereof.
	The Board of Directors recommends a vote "For" the Election of Directors and "For" Proposals 2 and 3. Please sign, date and return promptly.
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3	Continued and to be signed on reverse side