BODY AND MIND INC.

Suite 750, 1095 West Pender Street Vancouver, BC V6E 2M6 Tel: 800-361-6312 www.bodyandmind.com

February 10, 2023

FINANCIAL STATEMENT REQUEST FORM

Dear Shareholder

In accordance with the rules of National Instrument 51-102 "Continuous Disclosure Obligations", as a registered shareholder or non-registered shareholder of Body and Mind Inc. (the "Company") you are entitled to receive our interim financial statements, annual financial statements, or both. If you wish to receive them, please complete the information below and return the form by mail. Your name will then be placed on the Supplemental Mailing List maintained by the Company.

As long as you remain a shareholder, you will receive this form each year and will be required to renew your request to receive these financial statements.

To:	Body and Mind Inc. Suite 750 – 1095 West Pend	er Street, Vancouver, BC CANADA V6E 2M6
I wish	to receive your (check one or	both as necessary):
		Interim Financial Statements & MD&A Annual Financial Statements & MD&A
Preferred method of communication:		
		Email Mail
which should be sent to:		
	Name	
	Address	
	Email Address	

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