



NEWS RELEASE – For Immediate Distribution

Body and Mind Inc. Appoints Michael Mills Vice President, Communications

VANCOUVER, B.C., CANADA (June 12, 2018) – **Body and Mind Inc. (CSE: BAMM, US OTC: BMMJ)**, (the “Company” or “BAM”) is pleased to announce the appointment of Michael Mills as Vice President, Communications. Mr. Mills brings a breadth of experience which most recently includes a long-term engagement with a TSX Venture Exchange listed company and a previous career with the Financial Post and National Post newspapers. In conjunction with Michael’s contract engagement, the Company has granted Mr. Mills stock options entitling him to purchase up to a total of 175,000 Body and Mind common shares at a price of CAD \$0.41 cents/share. The stock options are valid for a period of five years.

Robert Hasman, Director of BAM stated, “BAM is one of the first Nevada companies to be awarded cannabis cultivation and production licences to develop and innovate high quality products. Our dried flower, extracts and edibles are sold through most dispensaries in Nevada and we take pride in the many awards our products have earned. Based on the Company’s projected growth we are pleased to welcome Michael to our team to assist in continuing to build our brand, evaluate expansion opportunities and communicate with our shareholders.”

Mr. Mills stated, “I am excited to join the Body and Mind team. The Company is clearly one of the brand leaders in the Nevada cannabis cultivation and production industry and its commitment to quality is evidenced by the dedication and passion of its team, cultivation without chemical pesticides and numerous awards Body and Mind has received.”

Neither the Canadian Securities Exchange nor its Regulation Services Provider (as that term is defined in the policies of the Canadian Securities Exchange) accepts responsibility for the adequacy or accuracy of this release.

For further information regarding Body and Mind Inc. please contact:

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About Body and Mind

Body and Mind is a Nevada company publicly traded on the Canadian Securities Exchange investing in high quality medical and recreational cannabis opportunities.

Body and Mind is the sole owner of Nevada Medical Group LLC and was awarded one of the first medical cannabis cultivation licences in Nevada and holds both cultivation and production licences. Body and Mind products include flower, edibles, topicals, extracts as well as GPEN Gio cartridges.

Body and Mind cannabis strains have won awards including the Las Vegas Hempfest Cup 2016, High Times Top Ten, the NorCal Secret Cup and the Emerald Cup. Body and Mind continues to grow operations in Nevada and is constantly reviewing accretive expansion opportunities.

For more information please visit our web site at www.bammarijuana.com

Notice regarding Forward Looking Statements: *This news release contains forward-looking statements. The use of any of the words "anticipate", "continue", "estimate", "expect", "may", "will", "project", "should", "believe" and similar expressions are intended to identify forward-looking statements. Although the Company believes that the expectations and assumptions on which the forward-looking statements are based are reasonable, undue reliance should not be placed on the forward-looking statements because the Company can give no assurance that they will prove to be correct. Since forward-looking statements address future events and conditions, by their very nature they involve inherent risks and uncertainties. These statements speak only as of the date of this news release. Actual results could differ materially from those currently anticipated due to a number of factors and risks including the inability of the Company to obtain shareholder and exchange approval, or to raise additional equity as well as the various risk factors discussed in the Company's disclosure documents, which can be found under the Company's profile on www.sedar.com. Body and Mind Inc. undertakes no obligation to update publicly or revise any forward looking information, whether as a result of new information, future events or otherwise, except as required by law or the Canadian Securities Exchange. We seek safe harbour.*