

QuikFlo Health Inc.

(the "Corporation")

FORM OF PROXY ("PROXY")

Annual General and Special Meeting Thursday, December 29, 2016 at 9:00 a.m. (Calgary time) Norton Rose Fulbright Canada LLP, Suite 3700, 400 Third Avenue SW, Calgary, Alberta (the "Meeting")

RECORD DATE: November 14, 2016

CONTROL NUMBER: SEQUENCE #:

FILING DEADLINE FOR PROXY: Friday, December 23, 2016 at 9:00 a.m. (Calgary time)

VOTING METHOD		
INTERNET	Go to www.voteproxyonline.com and enter the 12	
	digit control number above	
FACSIMILE	416-595-9593	
MAIL or HAND DELIVERY	TSX Trust Company	
	200 University Avenue, Suite 300,	
	Toronto, Ontario, M5H 4H1	

The undersigned hereby appoints **D. Richard Skeith, Director** of the Corporation, whom failing **George Tsafalas, Director** of the Corporation (the "Management Nominees"), or instead of him, the following Appointee

Please print appointee name		

as proxyholder on behalf of the undersigned with the power of substitution to attend, act and vote for and on behalf of the undersigned in respect of all matters that may properly come before the Meeting and at any adjournment(s) or postponement(s) thereof, to the same extent and with the same power as if the undersigned were personally present at the said Meeting or such adjournment(s) or postponement(s) thereof in accordance with voting instructions, if any, provided below.

	- SEE VOTING GUIDELINES ON REVERSE -			
RESOLUTIONS - MANAGEMENT VOTING RECOMMENDATIONS ARE INDICATED BY HIGHEGHTED TEXT ABOVE THE BOXES				
1. El	ection of Directors	FOR	WITHHOLD	
а	a) David Lane			
b	b) D. Richard Skeith			
С	c) George Tsafalas			
2. Ap	ppointment of Auditors	FOR	WITHHOLD	
	intment of BDO Canada LLP, Chartered Accountants as Auditors of the Corporation for the ensuing year and authorizing the board of directors of corporation to fix their remuneration.			
3. Ap	pproval of Option Plan	FOR	AGAINST	
To ap	oprove an ordinary resolution approving the Corporation's existing stock option plan, as described in the Information Circular.			
4. Sł	hare Consolidation	FOR	AGAINST	
outsta	oprove a special resolution authorizing the board of directors of the Corporation to amend the Articles of the Corporation to consolidate all of the anding Common Shares on the basis of up to and including ten (10) Common Shares currently outstanding for one (1) new consolidated Common e, as the board of directors of the Corporation may determine.			
5. Na	ame Change Resolution	FOR	AGAINST	
To approve a special resolution authorizing the board of directors of the Corporation to change the name of the Corporation to any such name as may be acceptable to the board of directors of the Corporation, as described in the Information Circular.				

This proxy revokes and supersedes all earlier dated proxies and MUST BE SIGNED

PLEASE PRINT NAME

Signature of registered owner(s)

Date (MM/DD/YYYY)



Proxy Voting – Guidelines and Conditions

- THIS PROXY IS SOLICITED BY MANAGEMENT OF THE CORPORATION.
- 2. THIS PROXY SHOULD BE READ IN CONJUNCTION WITH THE MEETING MATERIALS PRIOR TO VOTING.
- 3. If you appoint the Management Nominees to vote your securities, they will vote in accordance with your instructions or, if no instructions are given, in accordance with the Management Voting Recommendations highlighted for each Resolution on the reverse. If you appoint someone else to vote your securities, they will also vote in accordance with your instructions or, if no instructions are given, as they in their discretion choose.
- 4. This proxy confers discretionary authority on the person named to vote in his or her discretion with respect to amendments or variations to the matters identified in the Notice of the Meeting accompanying the proxy or such other matters which may properly come before the Meeting or any adjournment or postponement thereof.
- 5. Each security holder has the right to appoint a person other than the Management Nominees specified herein to represent them at the Meeting or any adjournment or postponement thereof. Such right may be exercised by inserting in the space labeled "Please print appointee name", the name of the person to be appointed, who need not be a security holder of the Corporation.
- 6. To be valid, this proxy must be signed. Please date the proxy. If the proxy is not dated, it is deemed to bear the date of its mailing to the security holders of the Corporation.
- 7. To be valid, this proxy must be filed using one of the *Voting Methods* and *must be received by TSX Trust Company* before the *Filing Deadline for Proxies*, noted on the reverse or in the case of any adjournment or postponement of the Meeting not less than 48 hours (Saturdays, Sundays and holidays excepted) before the time of the adjourned or postponed meeting. Late proxies may be accepted or rejected by the Chairman of the Meeting in his discretion, and the Chairman is under no obligation to accept or reject any particular late proxy.
- If the security holder is a corporation, the proxy must be executed by an officer or attorney thereof duly authorized, and the security holder may be required to provide documentation evidencing the signatory's power to sign the proxy.
- Guidelines for proper execution of proxy available at www.stac.ca. Please refer to the Proxy Protocol

Investor inSite

TSX Trust Company offers at no cost to security holders, the convenience of secure 24-hour access to all data relating to their account including summary of holdings, transaction history, and links to valuable security holder forms and Frequently Asked Questions.

To register, please visit www.tsxtrust.com/investorinsite

Click on, "Register Online Now" and complete the registration form. Call us toll free at 1-866-600-5869 with any questions.

Request for Financial Statements



In accordance with securities regulations, security holders may elect to receive Annual Financial Statements, Interim Financial Statements and MD&As.

Instead of receiving the financial statements by mail, you may choose to view these documents on SEDAR at www.sedar.com.

I am currently a security holder of the Corporation and as such request the following:

	Annual Financial Statements with MD&A (Mark this box to NOT receive Annual Financial Statements and related MD&A)	
	Interim Financial Statements with MD&A (Mark this box to receive Interim Financial Statements and related MD&A)	
	are casting your vote online and wish to receive financial statements complete the online request for financial statements following you	

please complete the online request for financial statements following you voting instructions.

If the cut-off time has passed, please fax this side to 416-595-9593

QuikFlo Health Inc. 2016