

**QUIKFLO HEALTH INC.**  
**NOTICE OF MEETING OF SHAREHOLDERS**  
**to be held on December 29, 2016**

NOTICE IS HEREBY GIVEN that an annual and special meeting (the "**Meeting**") of the holders ("**Shareholders**") of common shares ("**Common Shares**") in the capital of QuikFlo Health Inc. (the "**Corporation**") will be held at the offices of Norton Rose Fulbright Canada LLP, Suite 3700, 400 Third Avenue SW, Calgary, Alberta on Thursday, December 29, 2016 at 9:00 a.m. (Calgary time), for the following purposes:

1. to receive the audited financial statements for the year ended July 31, 2016 and the report of the auditors thereon;
2. to elect the directors of the Corporation for the ensuing year;
3. to appoint the auditors of the Corporation for the ensuing year and to authorize the directors to fix the remuneration to be paid to the auditors;
4. to approve the stock option plan of the Corporation;
5. to consider, and if deemed advisable, to pass a special resolution approving an amendment to the Articles of the Corporation to consolidate all of the outstanding Common Shares to such proportion as the board of directors may determine, up to and including on a ten (10) for one (1) basis, as described in the accompanying Information Circular;
6. to consider, and if deemed advisable, to pass a special resolution approving an amendment to the Articles of the Corporation to change the name of the Corporation to any such name the directors determine and as may be acceptable to the TSX Venture Exchange and the applicable corporate registry, as described in the accompanying Information Circular; and
7. to transact such other business as may properly be brought before the Meeting or any adjournment(s) thereof.

Shareholders of the Corporation are referred to the Information Circular accompanying this Notice for more detailed information with respect to the matters to be considered at the Meeting.

**If you are a registered Shareholder of the Corporation and are unable to attend the Meeting in person, please date and execute the accompanying form of proxy and return it in the envelope provided to TSX Trust Company at 200 University Avenue, Suite 300, Toronto Ontario M5H 4H1. In order to be valid and acted upon at the Meeting, proxies must be received at the aforesaid address not later than forty-eight (48) hours (excluding Saturdays, Sundays and statutory holidays in the Province of Ontario) prior to the commencement of the Meeting or any adjournment thereof. You may also send your proxies via fax: (416) 595-9593 or vote your shares online at: [www.voteproxyonline.com](http://www.voteproxyonline.com).**

**If you are an unregistered Shareholder of the Corporation and received these materials through your broker or through another intermediary, please complete and return the voting information form in accordance with the instructions provided to you by your broker or by the other intermediary.**

The directors of the Corporation have fixed November 14, 2016 as the record date. Only Shareholders whose names are entered on the register of the Corporation at the close of business on November 14, 2016 will be entitled to receive notice of and to vote at the Meeting, provided that, to the extent a Shareholder transfers the ownership of any Common Shares after the record date and the transferee of those Common Shares establishes ownership of such Common Shares and demands, not later than 10

days before the Meeting, to be included in the list of Shareholders eligible to vote at the Meeting, such transferee will be entitled to vote those Common Shares at the Meeting.

DATED at Calgary, Alberta this 28<sup>th</sup> day of November, 2016.

**BY ORDER OF THE BOARD OF DIRECTORS**

Signed "*David Lane*"

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David Lane  
Interim Chief Executive Officer and Director