

**EAT WELL INVESTMENT GROUP INC.**  
1305 – 1090 West Georgia Street  
Vancouver, BC V6E 3V7

**NOTICE OF ANNUAL GENERAL MEETING OF SHAREHOLDERS**

**NOTICE IS HEREBY GIVEN** that an annual general meeting (the “**Meeting**”) of the shareholders (the “**Shareholders**”) of Eat Well Investment Group Inc. (hereinafter called the “**Company**”) will be held at the offices of McMillan LLP, Suite 1500, 1055 West Georgia Street, Vancouver, British Columbia on Wednesday, June 30, 2023 at 10:00 a.m. (Pacific time).

The Meeting is to be held for the following purposes:

1. to receive the audited financial statements of the Company for the financial year ended November 30, 2021, together with the report of the auditors thereon, and related management discussion and analysis;
2. to elect directors of the Company for the ensuing year;
3. to appoint CM3 Advisory as the auditors of the Company for the ensuing year and to authorize the directors of the Company to fix their remuneration; and
4. to transact such other business, including amendments to the foregoing, as may properly come before the Meeting or any adjournment thereof.

A management information circular (the “**Circular**”) accompanies this Notice. The Circular contains details of matters to be considered at the Meeting. No other matters are contemplated, however any permitted amendment to or variation of any matter identified in this Notice may properly be considered at the Meeting. The Meeting may also consider the transaction of such other business as may properly come before the Meeting or any adjournment thereof.

The audited financial statements for the financial year ended November 30, 2021 and the report of the auditor thereon will be made available at the Meeting and are available on the Company’s SEDAR profile at [www.sedar.com](http://www.sedar.com).

Only registered Shareholders may vote in person at the Meeting. Non-registered Shareholders who plan to attend the Meeting must follow the instructions set out in the voting instruction form to ensure that their shares will be voted at the Meeting. If you hold your shares in a brokerage account, you are a non-registered Shareholder.

Shareholders who are unable to attend the Meeting in person and who wish to ensure that their shares will be voted at the Meeting are requested to complete, date and sign the enclosed form of proxy, voting instruction form or another suitable instrument of proxy and deliver it in accordance with the instructions set out therein and in the Circular.

**DATED** at Vancouver, British Columbia, as of this 5<sup>th</sup> day of June, 2023.

**BY ORDER OF THE BOARD**

*“Marc Aneed”*

**Marc Aneed**  
**Chief Executive Officer**