

EAT WELL INVESTMENT GROUP INC.
(the “Company”)

2023 Request for Annual and Interim Financial Statements

National Instrument 51-102 requires the Company to send annually to the registered holders and beneficial owners of its securities (“Securityholders”) a form to allow Securityholders to request a copy of the Company’s annual financial statements and related MD&A and/or interim financial statements and related MD&A. **These documents will be accessible under the Company’s profile of Eat Well Investment Group Inc. at www.sedar.com.** However, if you wish to receive such mailings, please complete and return this form to:

Eat Well Investment Group Inc.
#1305 – 1090 West Georgia Street
Vancouver, BC V6E 3V7

The undersigned Securityholder hereby elects to receive:

- (A) Annual Financial Statements and related MD&A, or
- (B) Interim Financial Statements and the related MD&A, or
- (C) Both (A) and (B) as described above.

Please note that a request form will be mailed each year and Securityholders must return such form each year to receive the documents indicated above.

Name: _____

Address: _____

Postal Code: _____

I confirm that I am a: **registered shareholder** OR **beneficial shareholder** of the Company.

Signature of
Securityholder: _____

Date: _____

CUSIP NO. 27786T109