

EAT WELL INVESTMENT GROUP INC.
1305 – 1090 West Georgia Street
Vancouver, BC V6E 3V7
Phone: (604) 685-9316

May 24, 2023

**Re: Annual General Meeting of Shareholders of Eat Well Investment Group Inc.
to be held on June 30, 2023 (the “Meeting”)**

I, Marc Aneed, Chief Executive Officer of Eat Well Investment Group Inc. (the “**Company**”), hereby certify that:

- (a) arrangements have been made to have proxy related materials for the Meeting sent in compliance with National Instrument 54-101 – *Communication with Beneficial Owners of Securities of a Reporting Issuer* (the “**Instrument**”), to all beneficial owners at least 21 days before the date fixed for the Meeting;
- (b) arrangements have been made to carry out all of the requirements of the Instrument in addition to those described in subparagraph (a); and
- (c) the Company is relying on section 2.20 of the Instrument to abridge the time prescribed in subsections 2.1(b), 2.2(1) and 2.5(1) of the Instrument.

"Marc Aneed"

Marc Aneed, Chief Executive Officer