EAT WELL INVESTMENT GROUP INC.

1305 – 1090 West Georgia Street Vancouver, British Columbia V6E 3V7

NOTICE OF CHANGE OF AUDITOR

To: British Columbia Securities Commission

Alberta Securities Commission Ontario Securities Commission

And To: Davidson & Company LLP, Chartered Accountants

Re: Notice of Change of Auditor pursuant to Section 4.11 of National Instrument 51-102

Continuous Disclosure Obligations ("NI 51-102")

Notice is hereby given pursuant to section 4.11 of NI 51-102 of a resignation of the auditor of Eat Well Investment Group Inc. (the "Corporation") being Davidson & Company LLP (the "Former Auditor").

In accordance with NI 51-102, the Corporation confirms that:

- (i) The Former Auditor resigned as auditor at the request of the Corporation, effective September 19, 2022.
- (ii) The audit committee of the Corporation (the "Audit Committee) has considered the resignation of the Former Auditor and has approved the resignation.
- (iii) There were no modified opinions expressed in the Former Auditor's reports on the financial statements of the Corporation for: (a) the two most recently completed financial years; or (b) for any period subsequent hereto for which an audit report was issued and preceding the effective date of the resignation of the Former Auditor.
- (iv) There are no "reportable events", as such term is defined in subparagraph 4.11(1) of NI 51-102.

Dated this 26th day of September, 2022.

EAT WELL INVESTMENT GROUP INC.

Per (s) "Patrick Dunn"

Name: Patrick Dunn

Title: Chief Financial Officer