

**NOTICE DECLARING INTENTION TO BE QUALIFIED UNDER  
NATIONAL INSTRUMENT 44-101  
SHORT FORM PROSPECTUS DISTRIBUTIONS (“NI 44-101”)**

October 28, 2021

TO: British Columbia Securities Commission, as Principal Regulator

AND TO: Alberta Securities Commission  
Ontario Securities Commission

Eat Well Investment Group Inc. (the “**Issuer**”) intends to be qualified to file a short form prospectus under NI 44-101. The Issuer acknowledges that it must satisfy all applicable qualification criteria prior to filing a preliminary short form prospectus. This notice does not evidence the Issuer’s intent to file a short form prospectus, to enter into any particular financing or transaction or to become a reporting issuer in any jurisdiction. This notice will remain in effect until withdrawn by the Issuer.

**EAT WELL INVESTMENT GROUP INC.**

By: 

Name: Nick DeMare

Title: Chief Financial Officer