EAT WELL INVESTMENT GROUP INC. (the "Company")

2021 Request for Annual and Interim Financial Statements

National Instrument 51-102 requires the Company to send annually to the registered holders and beneficial owners of its securities ("Securityholders") a form to allow Securityholders to request a copy of the Company's annual financial statements and related MD&A and/or interim financial statements and related MD&A. These documents will be accessible under the Issuer profile of Eat Well Investment Group Inc. at www.sedar.com. However, if you wish to receive such mailings, please complete and return this form to:

Eat Well Investment Group Inc. #1305 – 1090 West Georgia Street Vancouver, BC V6E 3V7

The undersigned Securityholder hereby elects to receive:

Annual Financial Statements for the fiscal year ended November 30, 2021 and related MD&A

*** and / or ***

Interim Financial Statements for the first, second and third financial quarters of 2022 and the related MD&A

Please note that a request form will be mailed each year and Securityholders must return such form each year to receive the documents indicated above.

Name:	
Address:	
-	
Postal Code:	
I confirm that I a	m a: registered shareholder OR beneficial shareholder of the Company.
Signature of Securityholder:	Date:
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CUSIP NO. 27786T109