



15, Gamble Street East – Suite 204 - Rouyn-Noranda (Québec) (Canada) J9X 3B6
(TSX Venture Listing = ZGG)

**Z-GOLD EXPLORATION CHANGES NAME
TO
BRUNSWICK RESOURCES INC.
AND
TSX VENTURE SYMBOL: BRU**

Rouyn-Noranda, Canada – May 22, 2014 – Z-Gold Exploration Inc. (TSX-Venture Exchange: ZGG) (“the Corporation”) is pleased to announce that the TSX Venture Exchange has given final approval to the change of name of the Corporation to Brunswick Resources Inc. Effective on May 22, 2014, the shares of **Brunswick Resources Inc.** will commence trading on the TSX Venture Exchange under the symbol “**BRU**”. The new CUSIP number of the Corporation is 117384107. Computershare is the transfer agent of the Corporation.

The change of name reflects the Corporation’s new strategy to focus on VMS and base metals properties located mainly in the Bathurst Mining Camp. The Bathurst Mining Camp (BMC) has an extensive history in base metals production from VMS deposits.

The Bathurst Mining Camp located in New Brunswick is the home of 46 known VMS deposits. The BMC is a prime example of the cluster effect of VMS deposits. The most famous of these VMS deposits are the No. 6 and the No.12 massive sulphide deposits of Brunswick Mines. The No. 12 deposit was in continuous production from 1964 to Feb 2013 and produced a total of 135,903,168 tonnes of polymetallic base metal ore. The average grade milled was 3.44% Pb, 8.74% Zn, 0.37% Cu and 102 g/t Ag. The Brunswick deposits (No 6 and No 12) were situated in the Nepisiguit Falls Group of rocks in the Lower Tetagouche Group of the BMC.

Brunswick Resources Inc. is a publicly listed company trading on the TSX Venture (BRU).

This press release was prepared by Z-Gold Exploration Inc. Neither the TSX Venture Exchange Inc nor its Regulation Services Provider (as that term is defined in the Policies of the TSX Venture Exchange) has reviewed or accepts responsibility for the adequacy or accuracy of this release.

This document may contain forward-looking statements relating to Z-Gold’s operations or to the environment in which it operates. Such statements are based on operations, estimates, forecasts and projections. They are not guarantees of future performance and involve risks and uncertainties that are difficult to predict and may be beyond Z-Gold’s control. A number of important factors could cause actual outcomes and results to differ materially from those expressed in forward-looking statements, including those set forth in other public filing. In addition, such statements relate to the date on which they are made. Consequently, undue reliance should not be placed on such forward-looking statements. Z-Gold disclaims any intention or obligation to update or revise any forward-looking statements, whether as a result of new information, future events or otherwise, save and except as may be required by applicable securities laws.

For further information, contact:

Christian Dupont, President and CEO

Phone: (888) 764-5195

(819) 797-0596

Fax : (819) 797-6050

Web site: www.zgoldexploration.com

Email : z-gold@tlb.sympatico.ca