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(TSX Venture Listing = ZGG)

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## **Z-GOLD EXPLORATION ANNOUNCES A NEW BOARD OF DIRECTORS**

**Rouyn-Noranda, Canada – December 19, 2013 – Z-Gold Exploration Inc. (“Z-Gold” or the “Corporation”) (TSX Venture Exchange: ZGG)** is pleased to announce that at the Annual and Special Meeting of Shareholders held on December 19, 2013, the following directors were elected: Rodrigue Tremblay of Rouyn-Noranda, Quebec, Jacques Frigon, of Amos, Quebec, Laurent Hallé of Fabre, Quebec, Christian Dupont, of Janeville, New Brunswick, Geoffrey Carter, of Toronto, Ontario and Mario Colantonio of Porcupine, Ontario.

The accounting firm of Dallaire & Lapointe Inc. was re-appointed as independent auditors. The shareholders have also approved the continuation of the Corporation’s stock option plan. The shareholders also ratified the advance notice By-Laws of the Corporation. Finally, the shareholders have approved the proposed name change of the Corporation to “**Brunswick Resources Inc.**” or any other name as the Board of Directors might determine. The name change is subject to the approval of the TSX Venture Exchange.

Subsequently to the Annual and Special Meeting, the Board of Directors of the Corporation held a Director’s meeting and have appointed the following officers: Christian Dupont, as President and Chief Executive Officer in replacement of Rodrigue Tremblay, Jacques Frigon as Chief Financial Officer and Julie Godard as Corporate Secretary.

The following persons have been appointed to the Audit Committee: Christian Dupont, Mario Colantonio, and Geoffrey Carter. Two members of this committee are considered independent directors.

### **About Z-Gold Exploration Inc.**

Z-Gold has as its flagship property the Abitibi Gold Property located in Munro Township in the famous Timmins mining camp. There are many surface gold showings that require investigation by ground geophysical surveys and followed up by a diamond drilling program. A recent airborne survey has successfully outlined many EM and magnetic structural features. A geophysical feature similar to the Croesus mine has been identified. The Abitibi Gold Property consists of 112 claims located approximately 86 kilometres east northeast of the city of Timmins in the Larder Lake Mining Division, Ontario.

**Z-Gold Exploration Inc. is a publicly listed company trading on the TSX Venture (ZGG).**

This press release was prepared by Z-Gold Exploration Inc. Neither the TSX Venture Exchange Inc nor its Regulation Services Provider (as that term is defined in the Policies of the TSX Venture Exchange) has reviewed or accepts responsibility for the adequacy or accuracy of this release.

*This document may contain forward-looking statements relating to Z-Gold's operations or to the environment in which it operates. Such statements are based on operations, estimates, forecasts and projections. They are not guarantees of future performance and involve risks and uncertainties that are difficult to predict and may be beyond Z-Gold's control. A number of important factors could cause actual outcomes and results to differ materially from those expressed in forward-looking statements, including those set forth in other public filings. In addition, such statements relate to the date on which they are made. Consequently, undue reliance should not be placed on such forward-looking statements. Z-Gold disclaims any intention or obligation to update or revise any forward-looking statements, whether as a result of new information, future events or otherwise, save and except as may be required by applicable securities laws.*

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