



15, Gamble Street East – Suite 204 - Rouyn-Noranda (Québec) (Canada) J9X 3B6
(TSX Venture Listing = ZGG)

Z-GOLD EXPLORATION ANNOUNCES NEW ADVANCE NOTICE BY-LAW AND A NAME CHANGE

Rouyn-Noranda, Canada – November 15, 2013 – Z-Gold Exploration Inc. (“Z-Gold” or the “Corporation”) (TSX Venture Exchange: ZGG) announces the adoption of an advance notice by-law (the “By-law”). The By-law, as approved by the board of directors of the Corporation, includes, among other things, a provision that requires advance notice to the Corporation in circumstances where nominations of persons for election to the Board are made by shareholders of the Corporation other than pursuant to: (i) a “proposal” made in accordance with section 136(1) of the *Business Corporations Act* (Alberta) (the “Act”); or (ii) or a requisition of the shareholders made in accordance with section 142(1) of the Act.

Among other things, the By-law fixes a deadline by which holders of record of common shares of Z-Gold must submit director nominations to the President and CEO or the Secretary of the Corporation prior to any annual or special meeting of shareholders and sets forth the specific information that a shareholder must include in the written notice to the President and CEO or the Secretary of the Corporation for an effective nomination to occur. No person will be eligible for election as a director of the Corporation unless nominated in accordance with the provisions of the By-law.

In the case of an annual general meeting of shareholders, notice to the President and CEO or the Secretary of the Corporation must be made not less than 30 nor more than 65 days prior to the date of the annual general meeting of shareholders; provided, however, that in the event that the annual general meeting of shareholders is to be held on a date that, is less than 50 days after the date (the “By-Law Notice Date”) on which the first public announcement of the date of the annual meeting was made, notice by the nominating shareholder may be made not later than the close of business on the tenth (10th) day following the By-Law Notice Date.

In the case of a special meeting (which is not also an annual general meeting) of shareholders called for the purpose of electing directors (whether or not called for other purposes), notice to the President and CEO or the Secretary of the Corporation must be made not later than the close of business on the fifteenth (15th) day following the day on which the first public announcement of the date of the special meeting of shareholders was made.

The By-law is effective and in full force and effect as of the date hereof. In accordance with the terms of the By-law, the By-law will be put to shareholders of the Corporation for approval at the Shareholder Meeting. If the By-law is not confirmed at the Shareholders Meeting by ordinary resolution of shareholders, the By-law will terminate and be of no further force and effect following the termination of the Shareholders Meeting. The full text of the By-law will be available via SEDAR at www.sedar.com or upon request by contacting the President and CEO of the Corporation at 15 Gamble East, Suite 204, Rouyn-Noranda (Québec) J9X 3B6, Canada or by email at zgoldexploration@gmail.com.

At the annual and special meeting of shareholders to be held on December 19, 2013 in Rouyn-Noranda, Quebec, Z-Gold Exploration Inc. will the Corporation will also seek shareholder approval, by special resolution, to change the name of the Corporation to "**Brunswick Resources Inc.**" or any other name as the Board of Directors might determine. The name change is subject to the approval of the TSX Venture Exchange.

About Z-Gold Exploration Inc.

Z-Gold has as its flagship property the Abitibi Gold Property located in Munro Township in the famous Timmins mining camp. There are many surface gold showings that require investigation by ground geophysical surveys and followed up by a diamond drilling program. A recent airborne survey has successfully outlined many EM and magnetic structural features. A geophysical feature similar to the Croesus mine has been identified. The Abitibi Gold Property consists of 112 claims located approximately 86 kilometres east northeast of the city of Timmins in the Larder Lake Mining Division, Ontario.

Z-Gold Exploration Inc. is a publicly listed company trading on the TSX Venture (ZGG).

This press release was prepared by Z-Gold Exploration Inc. Neither the TSX Venture Exchange Inc nor its Regulation Services Provider (as that term is defined in the Policies of the TSX Venture Exchange) has reviewed or accepts responsibility for the adequacy or accuracy of this release.

This document may contain forward-looking statements relating to Z-Gold's operations or to the environment in which it operates. Such statements are based on operations, estimates, forecasts and projections. They are not guarantees of future performance and involve risks and uncertainties that are difficult to predict and may be beyond Z-Gold's control. A number of important factors could cause actual outcomes and results to differ materially from those expressed in forward-looking statements, including those set forth in other public filing. In addition, such statements relate to the date on which they are made. Consequently, undue reliance should not be placed on such forward-looking statements. Z-Gold disclaims any intention or obligation to update or revise any forward-looking statements, whether as a result of new information, future events or otherwise, save and except as may be required by applicable securities laws.

For further information, contact:

Rodrigue Tremblay, President and CEO

Phone: (888) 764-5195

(819) 797-0596

Fax : (819) 797-6050

Web site: www.zgoldexploration.com

Email : Zgoldexploration@gmail.com