



July 14, 2021

Davidson & Company LLP
Harbourside CPA LLP
Ontario Securities Commission
Autorite des Marchés Financiers
British Columbia Securities Commission
Alberta Securities Commission

Re: Notice of Change of Auditors

In compliance with section 4.11 of National Instrument 51-102 – Continuous Disclosure Obligations ("NI 51-102"), please be advised as follows:

1. On July 14, 2021, Davidson & Company LLP resigned as Nutritional High International Inc.'s ("NHII") auditors on its own initiative.
2. On July 14, 2021, Harbourside CPA LLP was appointed as NHII's successor auditors.
3. The board of directors of NHII and its audit committee have approved the resignation of Davidson & Company LLP and the appointment of Harbourside CPA LLP.
4. None of Davidson & Company LLP's auditor's reports on NHII's financial statements for the two most recent fiscal years ended July 31, 2020 contained a modified opinion.
5. The Board of Directors is of the opinion that there are no "reportable events" as such term is defined in section 4.11(1) of NI 51-102 which occurred in connection with the audit of the two most recently completed fiscal years or for any period subsequent to the most recently completed fiscal period for which an auditors' report was issued.

NUTRITIONAL HIGH INTERNATIONAL INC.

/s/ Robert Wilson

Robert Wilson
Chief Financial Officer