

Nutritional High Announces Notice of Meeting of the Senior Unsecured Convertible Debentures Due March 14, 2021 and Annual General and Special Meeting of the Shareholders

Toronto, Ontario--(Newsfile Corp. - April 27, 2020) - Nutritional High International Inc. (CSE: EAT) (OTCQB: SPLIF) ("Nutritional High" or the "Company") announces that it has provided notice that it will hold a meeting of the senior unsecured convertible debenture holders on June 24, 2020. Further the Company has provided notice that it will hold an annual general and special meeting of the shareholders on July 8, 2020.

The meeting of the senior unsecured debentureholders will be held for the purpose of approving amendments to the terms that will provide for immediate conversion at the market price. Further details of this proposal will be provided in the management information circular available on or about June 3, 2020.

The annual general and special meeting of the shareholders will be held for the purpose of approving the financial statements for the periods ending July 31, 2018 and 2019, the appointment of the auditor, appointment of directors and approval of a share consolidation. Further details of these matters will be provided in the management information circular available on or about June 8, 2020.

"The conversion of unsecured debt and share consolidation are critical steps in our strategic review and necessary as we improve our capital structure and reposition Nutritional High into higher margin, branded manufacturing," commented John Durfy, CEO of Nutritional High.

About Nutritional High International Inc.

Nutritional High is focused on developing and manufacturing branded products in the cannabis industry, with a specific focus on edibles and oil extracts for medical and adult recreational use. The Company works exclusively in jurisdictions where such activity is permitted and regulated by state law.

The Company has a strategy for acquisitions in extraction, production and sales sectors of the cannabis industry. Nutritional High has brought its flagship FLI™ edibles and extracts product line from production to market through its wholly owned subsidiaries in various markets including Colorado where its FLI™ products are manufactured by Palo Verde, LLC.. In California, the Company distributes products through its wholly owned distributor Calyx Brands Inc.

For updates on the Company's activities and highlights of the Company's press releases and other media coverage, please follow Nutritional High on [Facebook](#), [Twitter](#) and [Instagram](#) or visit www.nutritionalhigh.com.

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The Company's securities have not been registered under the U.S. Securities Act of 1933, as amended (the "U.S. Securities Act"), or applicable state securities laws, and may not be offered or sold to, or for the account or benefit of, persons in the United States or "U.S. Persons", as such term is defined in Regulation S under the U.S. Securities Act, absent registration or an applicable exemption from such registration requirements. This press release shall not constitute an offer to sell or the solicitation of an offer to buy nor shall there be any sale of the securities in the United States or any jurisdiction in which such offer, solicitation or sale would be unlawful.

Additionally, there are known and unknown risk factors which could cause the Company's actual results, performance or

achievements to be materially different from any future results, performance or achievements expressed or implied by the forward-looking information contained herein. All forward-looking information herein is qualified in its entirety by this cautionary statement, and the Company disclaims any obligation to revise or update any such forward-looking information or to publicly announce the result of any revisions to any of the forward-looking information contained herein to reflect future results, events or developments, except as required by law. Some of the risks and other factors that could cause actual results to differ materially from those expressed in forward-looking information expressed in this press release include, but are not limited to: obtaining and maintaining regulatory approvals including acquiring and renewing U.S. state, local or other licenses, the uncertainty of existing protection from U.S. federal or other prosecution, regulatory or political change such as changes in applicable laws and regulations, including U.S. state-law legalization, market and general economic conditions of the cannabis sector or otherwise.

To view the source version of this press release, please visit <https://www.newsfilecorp.com/release/54932>